



Trentham
Sustainability Group



WiW Wrap Up



Trentham Saints



Trentham Lions



Quarry St Reserve

T H E T R E N T H A M TRUMPET

Discovery,
jealousy, fury,
bloodied knife
hidden.

– Adele Anderson

Community News

SEE DAMON GAMEAU

The first of three upcoming workshops being run by Council at Trentham will feature guest speaker, Damon Gameau. Damon is the producer of *That Sugar Film*, which was followed by *2040* and most recently, the documentary *Regenerating Australia*. Damon will talk about possibilities and positive steps to a sustainable future. Bookings are not required.

Event details: Regeneration: Your habitat – what can you do? Held at 11.30am on Saturday 17 September at Quarry Street Reserve, Trentham.

Events are also planned for Saturday 8 and 29 October about being prepared for wild weather and what we are doing for sustainability in the Shire. Find more details at www.hepburn.vic.gov.au/storm-recovery.



QUARRY STREET RESERVE

Works will start in October to improve the public amenities area at Quarry Street Reserve in Trentham. This will include refurbished toilets and a bigger DDA compliant bathroom, accessible paths, improved undercover BBQ area and accessible carpark. Thank you to the reserve Committee of Management, who developed the initial designs and is working with Council on the project.

COMPOST BINS ARE BACK

Due to popular demand Council is again offering residents subsidised compost bins. Pop down to your local transfer station to pick one up whilst stocks last.

CATS AND DOGS

Do you have a dog or cat, or want to have a say on how pets are managed in the Shire? Our draft Domestic Animal Management Plan (DAMP) is now open for feedback. Around 450 people completed a survey last year and this feedback helped to inform the draft plan. Some of the objectives of the new plan include investigation and implementation of a cat curfew, development of an off-lead dog park masterplan, easier reporting of dog attacks, and increased community education.

We're asking for you to read the draft DAMP and let us know your feedback. You don't need to be a pet owner to take part - we want to hear from everyone. Submissions close at 5pm on Thursday 8 September via <https://participate.hepburn.vic.gov.au/> or read the plan and complete a survey at a Council hub.

PROJECT UPDATES

Construction of the pavilion at the Trentham Sportsground Reserve is progressing, with roofing works and internal wall framing now complete. Next steps include external cladding, internal services rough-in and the veranda construction. The pavilion is on track to open in November

Works at the Trentham Community Hub are also progressing. Engineers have advised that some of the framing of the Mechanics Hall needs to be replaced. Those sections will be rebuilt to the same specifications as the original structure. A planning permit amendment is not required. Works will continue on construction of this important community building, which will deliver a library, visitor information centre, council customer service counter, meeting rooms, and a multi-functional community hall. The hub is expected to be completed in mid-2023.

Both projects are being delivered by Council in partnership with the Victorian Government. Find out more at <https://participate.hepburn.vic.gov.au>.

COUNCIL PLAN FOCUS AREAS



A resilient, sustainable & protected environment



A healthy, supported & empowered community



Embracing our past & planning for the future



Diverse economy & opportunities



A dynamic & responsive council

CONTACT US

t 5348 2306
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Editorial

Hi Trentham!

Congratulations to our Six Word Story winner Adele Anderson for her fabulous entry gracing our cover. Such wonderful imagery which leaves you wondering & wanting to know more. We were thrilled with the number of entries (more than double last year) so we'll keep this as a permanent fixture. We especially loved the family submissions which included entries from multiple generations. We adore words and language (else we wouldn't be doing the Trumpet!) and it's fab to see that love shared & fostered. Entries are on page 11 - we promise an entertaining & thought-provoking read!

Thank you to Peta Sherlock who kindly compiled a collection of other Words in Winter winners, you'll find these in the centre of this paper. The winning poetry entries will be shared next month. And well done to this year's new Words in Winter organising committee for creating such a diverse & interesting program.

Trentham Sustainability Group presented their Energy Feasibility Study to the community last month – and wow! They've uncovered practical and workable steps to create an energy resilient Trentham, identifying Trentham's total solar generation as the 'make or break' for energy security. Did you know that current data shows solar panels pay for themselves in 5.5 years? And doing so not only benefits us financially as individuals, reduces our emissions, but also can significantly benefit our community? We look forward to TSG's Matthew Nickson detailing his local experiences in next month's Trumpet.

Happy 130th Birthday to the Trentham Saints! Congrats on a successful season after challenging COVID times, and that mud!! A super effort by Jake Keogh kicking his 100th goal of the season! Best wishes to the teams now contesting the finals.

Congrats also to the Trentham Lions Club who celebrated the 13th

anniversary of the Trentham Lions Farmers' Market. The market is an absolute Trentham institution - great products & produce, tasty breakfasts for worthy causes & the fab TSG produce exchange. But it's more than that - it's a wonderful social occasion and opportunity to catch up with neighbours, so thank you to the Lions behind the scenes and front of house making it such a friendly and fun occasion each month.

Lastly, our apologies for the hassle caused by our email address being (suddenly, frustratingly) out of action. Please continue to contact us via thetrenthamtrumpet@gmail.com. Thank you to everyone who has helped providing contacts, but we are still trying to find someone with administrative access to the trentham.org.au site & google workspace - so far we've only hit dead ends. If you've any leads as to whom might have these magical powers, please let us know!

Regards,
Chris & Penny

Trentham Town Survey

Our Town, Our Future.

We continue to analyse your detailed and thoughtful feedback and are pleased to share a brief synopsis to provide a sense of what we've found for questions 1 and 2. The remaining questions will follow in the next edition (October), and later we will provide more detailed qualitative analysis for longer reading.

Our first question in the Trentham survey was, *What do you like about living in Trentham?*

One hundred and seventy nine people responded, writing over 4,700 words. Their response was clear: community was mentioned 86 times, followed by small (referring to small town and small population) 63 times, and then rural or country feel (57 times). The community was described as friendly, active, supportive, tight knit, small, caring, thoughtful and strong, along with appreciation of the community spirit, community feel and sense of community.

After these, the most commonly used words were tree (43), friendly and people (37 and 38 respectively), historic/old or heritage (32), nature or natural (32), environment (27) and beauty/beautiful (22).

In the next tranche of responses, the key words included peace, space, quiet, walking, air and open-ness.

There was a remarkable unanimity amongst the respondents, mostly tied to the community, smallness, rural feel, and friendliness. People wrote about walking in a peaceful, quiet atmosphere and meeting people they liked. Trentham's small size, harmony with nature and rural feel were critical. Proximity to the forest and appreciation of



Trentham's shops and facilities were highly considered, as was proximity to other towns and Melbourne itself.

Many also wrote of the need they felt to protect Trentham's unique character, its community and small, rural feel.

Question two asked, *What do you like about Trentham's appearance?* One hundred and seventy four people responded, writing over 3,330 words.

It was clear that people really like Trentham's appearance, and the respondents expressed a strong love for their town. The most strongly liked aspect of Trentham's appearance was its historic nature; the words 'historic/al', 'old', 'traditional' and 'heritage' were used 118 times in total, and they were used in reference to Trentham's streetscapes, its buildings (shops and houses) and general character.

Trentham's trees and gardens were mentioned 75 times - trees (4) on both public and private land and gardens (28). The town's open, natural spaces were also appreciated, with the word 'space' (as in open space, sense of space, public space and green space), along with 'parks' and 'reserves' mentioned in total 49 times. Possibly allied with this, but given here separately, were the words 'country' and 'rural', mentioned 37 times.

There were also many appreciative mentions of the main (or high) street and its shops (45 in total).

The overall sentiment was that the respondents loved the appearance of their town and wanted to write about it: it mattered to them. They particularly liked its historic appearance, along with its trees, open space, reserves and gardens, its shops and rural nature.

About the Trumpet

Acknowledgement of Country

We are proud to acknowledge Dja Dja Wurrung
as the Traditional Owners of this Country.
We pay our respect to Elders past, present and emerging



The Trentham Trumpet is published on the first of every month except January.

The Trumpet is the community's voice to: share local news and events; engage in topical discussion; provide a platform to express considered views and concerns; contribute to the historical record; and promote local trades and services.

All submissions need to embrace our pillars of inclusiveness, constructiveness and positivity. The editorial team reserves the right to refuse any article or advertising and to edit for length and clarity. Opinions expressed are not necessarily those of the editorial team.

The deadline for submissions is the 25th of the month before. Please forward all items for publication to:

trumpet@trentham.org.au

Electronic subscriptions (which we encourage) are available at:

thetrenthamtrumpet.com.au

Printed versions can be found in many retail and community outlets in and around Trentham.

*The Trentham Trumpet
is gratefully auspiced by the TNC.*

Advertising Rates <small>(from Feb 2022)</small>	Black & White		Colour	
Width & Height	Monthly	Annual	Monthly	Annual
90mm x 55mm	\$40	\$400	\$55	\$550
90mm x 110mm (1/4 page)	\$75	\$750	\$95	\$950
190mm x 55mm (1/4 page banner)	\$75	\$750	\$95	\$950
190mm x 130mm (1/2 page)	\$145	\$1,450	\$180	\$1,800
190mm x 265mm (A4)	\$275	\$2,750	\$350	\$3,500

What's on!

Community Groups Listing

thetrenthamtrumpet.com.au/our-community

CFA

Open Day every Sunday from 9:30am

Hepburn Shire Council Meeting

20 September

Lions Schedule

Business Meeting: 3rd Thurs / month
Dinner Meeting: 1st Thurs / month
Farmers' Market: 3rd Sat / month

Sunday Church Services

St George (Anglican) 9am
St Mary Magdalen (Catholic) 8.30am

Trentham Lions Club

Farmers' Market
17 September 9am-1pm
Trentham Town Square

Trentham Sustainability Group

Farmers' Market Food Swap
17 September 10-11.30am
Trentham Town Square

Life Activities Club

Ladies' Petanque
10am every Tuesday
Trentham Town Square, followed by coffee

Wednesday Walkers

9.15am every Wednesday
Easy town walk
Meet at old Trentham Post Office

Men's Petanque

10am every Thursday
Trentham Town Square, followed by coffee

Knitters, Stitchers, Sewers Craft Group

10am every Friday
Trentham Bowling Club, Park Street,

Mahjong

1pm - 4pm every Friday
Trentham Bowling Club, Park Street

TNC

see trenthamnc.org.au

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On Our Cover:

SWS
SIX WORD STORY



Meditation for World Peace

14 Years of a Good Way to Start the Week

Cr Heather Mutimer's initiative to introduce weekly peace-meditation at Daylesford Town Hall inspired me to introduce meditation at the Trentham Neighbourhood Centre. Partly to avoid the drive, partly to introduce a contemporary form of meditation based on centuries old Western traditions without the support of recorded music and incense.

So, I brought a simple folding table, covered with a cloth with the ceiling pattern of a Buddhist temple near Kyoto and a brass candleholder in the shape of a swan, symbol of peace. Memories of a visit to Kyoto, plus some of the vases from Kyoto in the TNC cupboard.

The format of the session is simple: a candle and some flowers in the centre, we sit on chairs, we begin with some movements, to be 'at home in the body', 'pre-yoga'. Then a text is read which introduces the meditation, after which we meditate in our own individual way.

We converse and focus on a particular issue, where we will send our thoughts of peace. To close we stand in a circle and move with gestures that evoke the 'tree of life' and then the gesture of sending our thoughts of peace into the world; and blow the light of the candle - symbolically - in the direction of the chosen issue.

At first, I stayed close to the text given by our teacher Gideon, later I developed the text in different ways, deepening our own meditative awareness and widening our

attention to what happens in the world.

Membership slowly changed over the years, but there has always been a core-group that carried the meditation on, also in times that I was ill or away.

I am grateful for all the encouragement, contributions, and friendship! This includes TNC staff always helpful in accommodating the meditation during internal changes.

We celebrated 14 years with an open fire and followed the meditation with a cuppa, scones and a video of spiritual teacher Shin Gwydion's seminar in Trentham, 2006.

Over the years we have always found this a good way to start the week. And so we go on. Newcomers are welcome.

Henk Bak
Convenor
5424 1702

Gold coin donation
Monday mornings 8.30 – 9.30am

Use single door to the left of the main entrance. Please knock when locked.



Incorporating



Custom Picture Framing WE ARE MOVING!

From early September we will be leaving our factory in Trentham and moving to Shop 1 / 37 Hamilton St Gisborne. We will be offering our normal custom framing service however we will have a retail shopfront offering ready made frames along with digital imaging solutions, photo printing, scanning, canvas printing and so much more.

TEL: 03 5428 2526

Trentham Sustainability Group

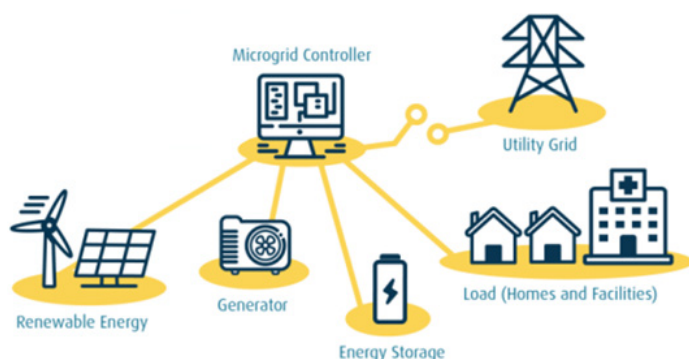
Energy Feasibility Study - Report to the Community

TSG's third community information session for the Energy & Climate Resilient Trentham project featured project consultants, Middleton Group, presenting the main results from the feasibility report. You can find the 4 August presentation and the full report (when finalised) on the TSG website: trenthamsustainabilitygroup.com



Now the exciting work of bolstering the energy supply of the whole town begins!

The report found that while a whole-town microgrid was technically feasible (diagram below), it would require formidable capital investment to achieve the 5.5 gigawatt-hours of local energy supply and appropriately-scaled battery storage required for back-up.



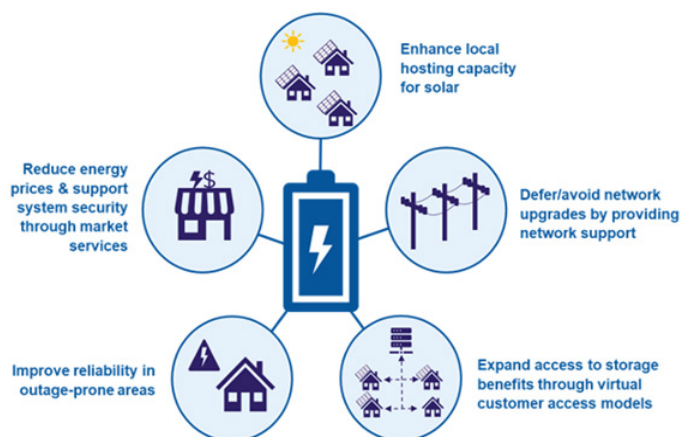
The consultants made several recommendations that can help us secure our energy supply on our own terms:

Most exciting of their suggestions is to attack the issue by drawing a zone around the houses serviced by particular power transformers in town, starting with the transformer on the corner of Market and High Streets. This single transformer supplies 14% of the town with electricity and supplies some of the most important facilities in the case of a power outage or natural disaster, including the CFA, the new community centre site, the supermarket, and the Neighbourhood Centre. By installing a large battery and generator near this transformer we could ensure that the power can stay on at these sites for some hours (or longer with a back-up generator) while the rest of the grid is down.

In addition, the more solar and batteries installed at individual premises in this zone, the longer the power can stay on. This forms the second recommendation: that we continue the growth of solar and battery storage. Solar currently provides 14.3% of Trentham's total energy supply. Growth in solar production is happening faster than the growth of energy use – if this continues we might be able to achieve something like 50-75% of the energy consumed in Trentham produced right here in town – just from solar!

The report also recommends an energy retailer which might partner with Trentham Sustainability Group and Cool Country Community Enterprises (CCCE) to create a special local energy offer to get the best value and drive local energy projects through a local projects fund and effective management of local energy resources.

Why a Community Battery?



TSG will be working with CCCE to discuss next steps, before approaching Powercor and energy retailers, preparing funding applications for a neighbourhood battery, generator and further solar in the Market Street transformer zone. Watch out in coming months for promotions from TSG and our associates for quality, cost-effective options for solar and battery installation at your home.

Please contact TSG if you want to be part of the next steps to deliver this exciting project!! **Phone project leader, Sebastian Klein 0428 331 173 - or email trenthamsustainability@gmail.com** (note new email address).

Special thanks to Hepburn Shire's Towards Zero Grants and Cool Country Community Enterprises for funding the feasibility study; Coliban Water Community Rebate which funded the three community information sessions, the consultants who went above and beyond, and TSG volunteers working on this important project for our community.



Middleton Group's Roger Brown, presenting the 'Energy' Feasibility Study to our community on 4 August 2022
photo credit: Nat Cursio

Trentham Sustainability Group
trenthamsustainabilitygroup.com
trenthamsustainability@gmail.com

Community Bank Trentham & Districts

As a Community Bank, collaboration is part of our DNA and that's the theme for this month!

We partnered with Hepburn Shire Council to hold a 'Main Street Commerce Catch Up' / Trentham Business Recovery Event for our local traders. Partners in Wellbeing vic.gov.au/wellbeing (which offers free counselling and support to local business), also attended and Kevin O'Loughlin, representing Jobs Victoria jobs.vic.gov.au shared invaluable information for those who want to develop their business. The Victorian Government has a number of subsidies and mentors to help employers. See below for more details of this event.

We co-funded the 'Trentham Energy Project' feasibility study, presented in August by Middleton Group Consultants, which highlighted Trentham's energy usage, our essential sites and opportunities for a micro-grid, community battery & large-scale generators, particularly after the impact of the big storm. We shared the option of Green Personal Loans bendigobank.com.au/personal/loans/green. Bendigo Bank was one of the first banks to offer green loans in Australia in 2002, as part of our commitment to sustainability and being carbon neutral.

Our branch manager for the last 3.5 years Joel Condon, has done such a great job that he's been offered a promotion. The branch team, Board, and community wish him well in his new role and we're excited about welcoming a new team leader soon.



Coming up... 'Shark Tank' Community Investment Pitch. Does your community group have a project needing funding? Why not pitch your idea to our Panel?

Keep an eye out for invitations to apply for a position on Pitch Night, where your group will have 5 minutes to present your proposed project in any way you wish - in person, by video, an interview, poem, song, or dance - be creative!

Our focus is local, local, local, so decisions will be based on the immediate and long-term benefits to our community. There will also be a People's Choice award showcased on our socials. Short-listed entries will receive \$100 each and the winner will be announced at our Annual AGM on 26 October 2022. Why not get involved and make a difference to our community?!

Hepburn Shire Council

Trentham Business Recovery Event

Business owners from the main street of Trentham met at Chaplin's last month to swap thoughts on their current challenges.

At the invitation of Hepburn Shire Council's Storm Recovery Team, they were joined by Jobs Victoria and Partners in Wellbeing. Both are separate agencies of Business Victoria, who provided invaluable insight into opportunities currently available to small businesses.

This strong, connected group of business owners and community members were quick to see the benefits presented and to start discussions on how to collaborate.

Some valuable insights raised at the gathering were the need for an Information Centre and a Business Directory website listing local services.



There was also discussion about pooling resources to re-institute the much-loved Twilight Festival. Trentham town and district has much to offer for both visitors and residents. Enthusiastic and creative business owners are keen to see their community thrive.

Any Trentham district business owner who is interested in holding another gathering, or engaging with the team, can contact Narelle Conroy, Council's Storm Recovery Officer at nconroy@hepburn.vic.gov.au or 0419 865 680.

Notices

Blessing of the Animals

9am Sunday 2 October
(the Sunday nearest St Francis' day)

St George's Church,
High Street

All (suitably housed) animals are welcome- and those responsible for their care.

Further information: Charles Sherlock
0423 020 699

Sing your favourite hymns:

4pm Sunday 18 September

St George's Church,
High Street

All welcome!

Trentham. Cool Country.

Are you an administrator of the ***trentham.org.au*** google site?

If so, please contact us at:

thetrenthamtrumpet@gmail.com

Thank you!

Interior Design

Moving the Furniture

I like to encourage my clients to collect images they like from Instagram, Pinterest, magazines, and design books. A collection of images is the best way to communicate your likes and dislikes.

Preparing a floorplan helps map how you move through rooms and where furniture can be placed. You will then be ready to think about any additional furnishings you may need and consider where and how to place family pieces you may have inherited.

Large inherited furniture items can pose a dilemma if very different to other pieces. Use your imagination: wooden chairs and tables can be sanded and painted; sofas and armchairs can be reupholstered or refreshed with new cushions. A large modern artwork can look fantastic above a period sofa, providing a new perspective.

Furniture should have some similarity or connectivity, so that there is a degree of continuity as you move through your home. Items of similar sizes, colours, textures, shapes, periods, or styles will provide cohesion. Take care though, as too much careful matching can look contrived and bland. Unexpected combinations of fabrics and textures achieve an enhanced result.

Bear in mind the likely changes to the use of a room over time. A bedroom for a baby has different requirements to that for a young child; that baby may be a young child by the time a bedroom renovation is completed.

A separate dining room is often a space that is rarely used in day-to-day life. Consider expanding the dining table to provide a work surface for your home office. All you need is an angled desk light, and some storage to hide away the printer, computer and other office needs when not in use.

Instead of a coordinated dining suite of table, carvers and chairs, another option is a collection of assorted chairs painted and upholstered in a complementary and cohesive manner. Spare dining chairs can be useful scattered throughout the house in different rooms and can be quickly gathered together at the dining table when needed. Nanna's dining furniture reimaged!

It's understandable when moving home to want to replace older furniture, but there is no need to replace everything.

A client moved into a recently built townhouse: the ground floor is a generous open plan communal space with large wooden window frames painted black, polished parquet flooring, and expansive white walls. After deciding how to lay out the room, we looked at what pieces of existing furniture could be used.

As the room had a very neutral colour palette with plenty of natural light, we agreed more colour and substance were needed. A large red and blue oriental rug inherited from her mother had always looked out of place in the client's former home. In the new house, we rolled this rug out on the floor and used it as inspiration to select and place furniture. We took the rug's rich red and navy tones as our starting colour palette.

We ordered a pair of large brick-red textured deep sofas to sit opposite each other and a pair of dark blue leather swivel chairs. An existing square coffee table and sofa table completed the main furnishings of the room. A warm mix of old and new items from different styles created a complete and comfortable space.

Next month I will be writing about key styling tips in the lead up to conducting design masterclasses later this year.

Robert Creedon
Interior Design Studio
 0488 294 777
 Instagram @robert_creedon
 Web: robertcreedon.studio



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The Trentham Garden

The Problem with Poultry

The bane of my existence at the moment are the three Chinese geese that maraud around our garden. It's true that they are beautiful, but the amount of destruction they cause, their tendency to poo on the front doorstep and lunge at guests means that I'm keen to see the back of them. Did you ever notice that the horrible things have serrated bills? AND TONGUES?!!!

To be fair, it's our fault for getting them without having an appropriate way to keep them contained during the day. Even still... I just ordered a couple of tins of 'confit goose' legs to cook a lovely gourmet dinner for my partner (together with a serious message about the fates of these horrible birds).

My experience as a designer is that outbuildings for keeping poultry etc. can be beautiful features in gardens if designed well using nice materials. There's two main ways of keeping backyard poultry; construct a small building with a large run for them to scratch around in or commit to letting them in and out of the garden every day. Make sure to use sturdy wire mesh to construct the cage and create a 'skirt' under the ground to prevent foxes digging under.

I find that I can tolerate bantam-sized chickens digging around the garden, but the larger breeds cause too much destruction for me. The fluffy-footed breeds cause less damage, but I don't like how their feet get all dirty and muddy (as happens often in Trentham!)

Trentham Gardens for Wildlife

Spring!

With lots of optimism about warmer weather, thoughts are turning to planting again, along with the weeding!



Hepburn Gardens for Wildlife is here to help if you are thinking about adding a space in your garden for local native plants. Our program provides a free consultation with a visit from two trained mentors. They will start from where you are at with your garden, whatever that may be. When you register (through TNC) you can provide a brief summary of your vision, what you hope to achieve.

The mentors will assess the features you already have in terms of food and shelter for our local wildlife. And of course, wildlife starts with the smallest insects which are



so important for the ecosystem. Birds, bees, and butterflies make good use of a wide range of locally available plants, from ground covers,



Country chook shed built with radially sawn timber

Poultry are one of the elements that bring a garden to life; they can be extremely useful in providing food and manure in exchange for garden waste and kitchen scraps. However, think carefully about how you want to keep them... your garden should be a joy to be in!

Happy gardening,

Kaz Krasovskis
Landscape Designer
kazkrasovskis.com.au

grasses, small shrubs, to the medium sized and, if appropriate, some of our grand eucalypts.

Different parts of your property may require different plantings- wetter areas, maybe even with a pond, under existing trees or shrubs can be value-added for greater diversity, to open areas ready for new ideas. You may be interested in planting on the nature strip - there are new and encouraging guidelines from Hepburn Shire Council.

After the visit, the mentors will prepare a report which will work from your vision. This report will be given to you as soon as possible and will include lists of most suitable plants. When you request a visit, you will receive a free copy of the comprehensive guide to local native plants and habitat, "Grow Wild" by Jill Teschendorff. This book includes details of local soil types, guidelines for planting and maintaining your native garden, and photos and descriptions of 74 plants making for a good start!

There are also places where you can see what others have planted near where you live. Our HG4W group is planning to arrange visits in the next few months and workshops to help grow local knowledge of the wonders of the biodiversity of our region. Meanwhile, look out for information regarding an event to be hosted by Hepburn Shire Council in Quarry Street Reserve on Saturday 17 September.

Left: Silver wattle in Stoney Creek Reserve

Lions Club of Trentham

We've Some Celebrating to Do!

Commemorating a milestone 13 years of the Trentham Lions Farmers' Market on Saturday 20 August, the team rugged up for a wintery day epitomising Cool Country and gathered all the early morning enthusiasm we could muster to create another great day for our community and visitors.

In addition, we proudly ticked off 38 years of Trentham Lions Club service and activities in Trentham and surrounding communities with Quarry Street Reserve one of our most notable achievements.



Trentham Lions has conducted over 150 markets during that time. Plenty of fun times; opportunities for stallholders with their locally produced goods; entertainment, singers, and performers and especially the contributions from many of the local children.

The Lions Farmers' Market is an awesome focal point to come together – for families, community interest & support groups, local government, individuals, visitors and more.

It is impossible to imagine the funds collected by Trentham Lions over the past 38 years through many activities. Not only does this support folk at a local level, but also amazing projects across Australia and the world – helping those affected by floods, fires, storms, earthquakes, displaced people and humanitarian aid. Lions Clubs in Australia celebrate 75 years in September, supporting disaster relief, medical research, diabetes, childhood cancer, vision, hearing, mobility, environment and more.

Did you know...

- Lions collect used postage stamps raising around \$50,000 a year for childhood mobility devices?
- Your used spectacles can be recycled, cleaned, repaired, graded and sent to developing countries for people who have no access to eyeglasses?
- If you smile nicely, you can drop stamps (cut from envelope with 6mm clearance) and no longer needed specs at the Trentham Post Office?
- The Trentham community has collected over 150 kilograms of batteries to be recycled – avoiding landfill? Drop off your used batteries at our collection boxes located at the Pharmacy, Post Office and TNC.

With enormous gratitude, we thank everyone for their support in the past, present and... **always.**

Interested in joining a wonderful service club? Like more information and a free cup of coffee at one of our locals? Always happy to chat and hear your ideas! Tim Walsh 0417 006 146 Ceri Spain 0400 619 729 or Stan 0418 555 035

Stan Falloon
Secretary
Lions Club of Trentham

Always. lionsaustralia

Photo: Market stalwarts cutting the Birthday cake: potato farmer Bernie & Lion Bette

Mary-Anne Thomas MP
LABOR MEMBER FOR MACEDON
DELIVERING FOR OUR COMMUNITY

A: Shop 14, Nexus Centre, 9 Goode Street, Gisborne, VIC 3437
E: mary-anne.thomas@parliament.vic.gov.au
W: www.mary-annethomas.com.au
P: 5428 2138

f MaryAnneMacedon
t @MaryAnneThomas




Authorised by MA Thomas, Shop 14, Nexus Centre, 9 Goode Street, Gisborne



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Words in Winter 2022

Six Word Story

Well, Trentham weather has clearly provided plenty of inspiration for this year's Six Word Story competition!

Thank you for all the wonderful entries, we've loved receiving them! Such an eclectic collection: some evocative, some poetic, some funny, some poignant, some unsettling, many familiar, and all entertaining – a fabulous read. And a shout out to our junior wordsmiths (and their support teams), we hope you enjoyed the creative process.

Congratulations to the winner of our \$100 prize, **Adele Anderson**. We feel the rage and fear in her six carefully selected words. We understand what has occurred but want to know more! Credit to Rachel Coghlan, Caroline Sarah, Margaret Thorn, Natalie Poole, Donna Coutts, Caroline Rivo Walsh and Otis Miller who were close contenders.

.....

Wanted. Insulation. Living in holey church. Rachel Coghlan

Dragon breath over glacial cereal. Home. Simon Miller

An igloo is better than this. Harper Miller (age 11)

Draughty floors, single-glaze doors, chilblain paws! Otis Miller (age 8)

Discovery, jealousy, fury, bloodied knife hidden. Adele Anderson

No flowers on my coffin, please. Sylvia Johnson

Train across country, Drive home, holiday. Kent Newton

Trentham Trumpet blows news around town. Joy Newton

Cold...feet...shoulder...heart...blood. Common. Peta Sherlock

I froze. I thawed. I woke. Janice Taylor

Raining, still raining, still raining, still... Alice Petherbridge

Climate Change. Trentham pool; winter hours. Lesley Pearce

Frosty. Invigorating walking pleasure. Home fortunately. Barrie Kemp

A storming cloud's shadow still passes. Trudy Adams

drizzle, soggy, rain, slosh, storm, mud Paul Kukiel

After roaring storm the wildlife returned. Gai Hovey

Wet Cold Windy - The Trentham Tale! Martina Brunhuber

It's roads, that cross their forest. Simon Daniel

Cold? Mulled wine, nibbles, fire. Sorted! Natalie Gretton



Things never said in Therapy sessions. Natalie Poole

Young little face recycles grandpa's smile Margaret Thorn

She saw red. Enough. Start over. Donna Coutts

Sale. Family home. Never lived in. Morgan Pearman (age 10)

It is not you, he lied. Kathy Mexted

Chilled Snap Set Ignite Crackle Bliss Tania Teese

Drizzle Wait Boots Run Splash Crunch Tam Lloyd-Teese

Ochre soil, potatoes boil, mash butter. Mark Tregurtha

What are you eating? Where's Steve? William Wapling

Staring. Hands bloodied, outstretched. Knife. Floor. George Chrys

Local cumquat marmalade saves the toast. Caroline Sarah

Alfie is cute, Alfie is puppy. Harry Clifton (age 7)

The dam was soggy and boggy Leo Clifton (age 9)

I knew that it was coming... Oscar Clifton (age 11)

I can only think of five Dennis Clifton

Trumpet invented Vienna 1793 Anton Weidinger Chris Clifton

Her cold stare told him everything. Andrew Greet

I saw Slug's muddy Trentham ton. Henry Shaw

Stay? Play Stay Nay Go! Gone Maddie Ellis

Fingers frozen at don't walk sign Patsy Perrett

Moonlight. Coop. Stealth. Feathers. Squawking. Nothing. Caroline Rivo Walsh

Reef. Floating. Goggles. Kaleidoscope. Turtles. Bliss. Ariella Rivo

No, my son. It's my turn. Sandy Watson

Completing my shower, the icy blast!! Susan Marryatt

I came, I saw, I forgot. Mark Tarpey

Thanks again, everyone!

Words in Winter 2022

Thank you to everyone who took part: writing, reading, listening, discussing, eating and drinking and especially helping make Words in Winter 2022 a great event. Thank you to all the venues that made us welcome.

.....

Red Beard 50 word story winner

Congratulations to Susan Marryatt with this poignant entry, exactly 50 words that told a long story. Stories are now on display on the wall at Red Beard Bakery.

Full moon in an inky sky: chill of a new Winter's day. My heart is sad but I am clear that I cannot stay. His words hurt too much. I cannot be Queen in his castle. That which I feared most has come to pass: to love deeply, and lose.

.....

Trentham Primary School winners

The judges, Peta Sherlock and Jill Pelvin, read poems and stories and even scientific explanations. There were adventures and mysteries, dinosaurs, monsters, witches, detectives, snow and ice and tingly cold. Thank you to the teachers for making time for their students to enter Words in Winter this year.

Grade 1/2 winner was Hepi for a gruesome but nicely logical story about a Vampire, a bat and a girl.

There once was a vampire, a bat and a girl. It was an icy night at a forest. The girl was lost. A vampire was in the distance. It thought he could help but then its bat said No! Remember you are a vampire. You suck blood, not help people. I remember, said vampire so he went over and got her. He sucked all of her blood and took her for his collection of dead people. He nearly had 40 people to make a nice smell in his hut and to the ground.

The runner up was George who kept his story going for over 5 pages. An encouragement award went to Dylan for an illustrated story about a time travelling cat.

Grade 4/5 winner was Roisin Walsh with his lovely descriptive poem "It's cold".

*It's cold
Cold breeze on the frosty window
Blue lakes freezing over
Cold shivers down their backs
Icicles shattering into a million pieces
Snow falling down onto the frosty white grass
Animals going for shelter
Darkness taking over.*

The runner up was Ada Walsh for Night clan, which kept in the character of the wolf for the whole story. The encouragement award went to Hugo Leong who could perhaps start a new series of books with his Sherlock Bones and Watts adventure in the museum.



Grade 5/6 equal winners were Jay with five haiku poems which together made a skilful story and Olivia Howes for It's cold, with clever repetition and lovely descriptions of many cold moments.

*A day of cold weather
Lying under roof.
Under warm covers, snow falls.
Settling everywhere.*

*Light pours through window.
The ground a blazing white.
Really cold mornings.*

*A break from rainfall.
A sunrise in disguise.
It's terrible cold.*

*The clouds are parting.
Sunshine streaming down to earth.
Making snow shine bright.*

*The clouds aren't gone long.
The rain comes bucketing down.
The snow disappears.*

*It's cold
Why all the roofs are crystal white after a winter's night, it's cold.
Or the reason our computers refuse to load in the early morning, it's cold.
The sickness we don't speak of (isolation, tests, pandemic). It's cold.
Or the one that we get in the winter that spreads easier through a cough or a sneeze, it's a cold.
Almost all our mums' dark stares, it's cold.
Or the feeling that some of us had on the day of the terrible June storm, it's a cold feeling.
Finally, why every home in Trentham needs a heater! It's cold!*

The encouragement award went to Mackenzie Wales who wrote One Last Bark from the point of view of the old dog. (Notice that the winner of the adult Short Story competition on the next page did exactly the same!)

.....

Words in Winter 2022

Words in
Winter**500 word Short Story winner**

The 500 word Short Story competition was judged by local author Trudy Adams and announced on a cosy Sunday afternoon at the Cosmopolitan Wine Bar where entries were read aloud. We heard about a royal visit, indecent exposure, hand churned ice cream, spud diggers, and sibling rivalry. The winner was Leon Powell of Trentham with "Silly Old Fool" with a twist at the end.

Silly Old Fool (Dedicated to old Kev)

Where's that old fool? Not sure how old he was the first time I called him mate but I reckon he's almost as old as I am. If not older. The cold must be causing havoc with his legs. He should have clomped across the lino by now, in his clumsy fashion, with his favourite chewed up slippers in tow to wake me.

It's difficult to distinguish between night and day when the illumination of dawn fails to arrive. This relentless coldness lingers like an unwanted tenant. From my shuttered view, nature has been infested with ice-crystals on every bole, leaf and blade.

'Jeez!'

The gate's open. The silly mongrel's scampered. He'll be the death of me. I'm too old to be traipsing the local streets in search of a ratbag like him. Surely he hasn't gone far in this weather.

'Neville! Nev!', I holler.

I can feel the frost ascending my weary old legs. There's a never ending blanket of white spread across the lawn, each step erupting with a crackling of grass under my weight.

'Nev!'

Nothing. Even the birds aren't bothering to serenade the town during this frosty awakening. That silly old fool has left me alone. I hope my old mate is okay.

'Brody! You alright?'

It's the young fella from over the back fence. Neil, or possibly Leo. He brought food over a few times during the storm last year. Even though I hate to seem needy, I'm hoping he insists on looking for the silly old fool.

'What's happened mate? Can't find the old fella? It's a bit cold for him to be out and about this morning. Look at ya, you're freezing mate. Let's get inside and put the fire on and get something warm inside you.'

Some tucker would be nice, not to mention warmth from the fireplace. I can barely breathe in this frosty, stagnant Winter air. Poor old Nev must be experiencing it rough. Silly old fool.

As Neil, or possibly Leo, strikes up the fire I gulp down metallic tasting water in the kitchen, the cold liquid rushes through me resulting in the urge to urinate.

Returning to the warmed room I'm overcome with tiredness and despair and quietly whimper. I haven't known Nev very long, but I've never thought of life without him. Neil, or possibly Leo, places a bowl of warm stew by my side. I manage to digest half of it, and soon descend into slumber as the comforting fire crackles and pops.

Encrusted from a tearful sleep, my eyes slowly open. Old Nev is sitting in his beloved ratty-armchair holding his filthy magnifying glass as he attempts one of his crossword puzzles.

'What a kerfuffle you've caused, Brody,' he looks at me with a smile, 'did you think I'd done a runner? Silly old dog!'

Relieved, I leaped onto his lap and excitedly licked at his pockmarked face. His book of puzzles forced into flight.

'Silly old fool!' we simultaneously exclaimed.

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Trentham Quarry Street Reserve

Big News #1: Council has approved funding for the renovation/upgrade for the Pavilion and Toilets at the Reserve and has appointed a contractor. This is the result of years of dreaming, planning, and negotiating, with many people involved in the community and at our local Council.

This plan shows the contracted works, with scope to complete the original concept (including an extension towards the lake) still on the table. The existing toilet area is being re-organised internally (so there's room to move!), all facilities will be upgraded, and an additional "full-access" cubicle is being built.

The pavilion area will become one level, making use of the current structure to provide seating around most of the north end. Upgraded BBQs are included. A small but significant improvement is a concrete base for the rubbish bins. More importantly, a new concrete path will link the pavilion and toilets to easy wheelchair access to the car park.

There will be temporary toilets available while works are underway, starting soon, we hope! Please be patient with the short-term inconvenience and stand-by while we plan for a magnificent opening party!

Big News #2: Parents, grandparents, and others in charge of playground-loving children will be pleased with the news that we also have funding for installation of the long-awaited shade sails – yay! We are working with Council to get a design (and quote) that meets the needs of all. We're

Community

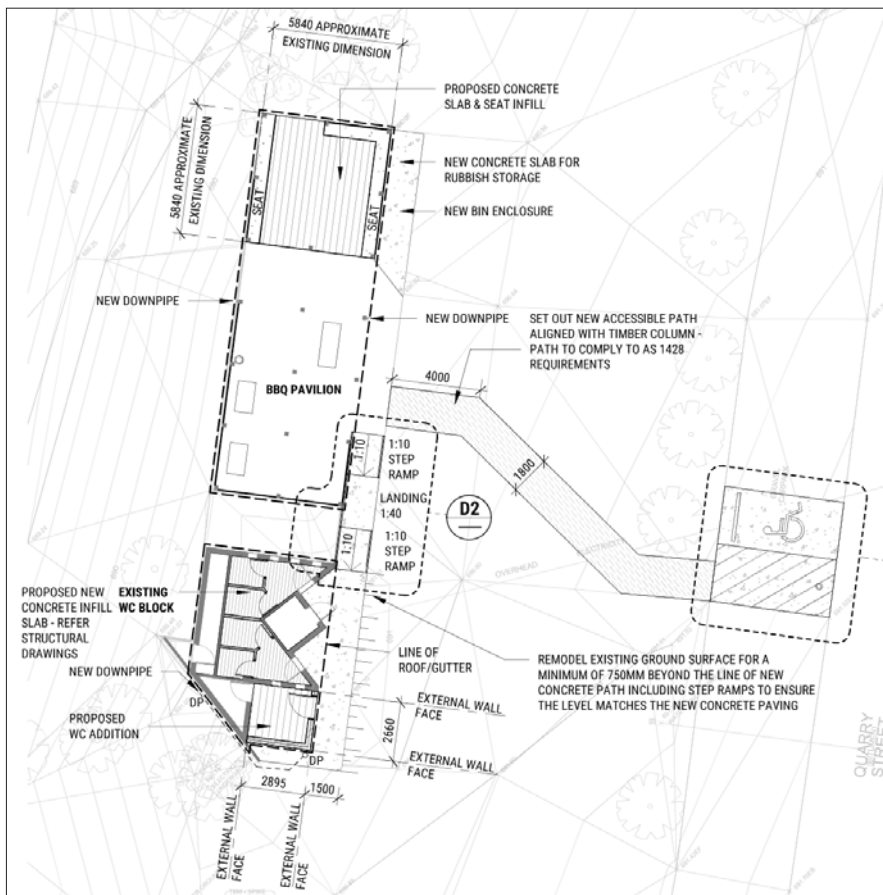
Battery Recycling

Thank you, Trentham community, for your great efforts collecting batteries. Since we started the program in March, we have collected in excess of 150 kilograms of batteries!!

The recycling process enables 95% of used batteries to be recycled and thankfully not end up in landfill. There is now a number of battery recycling facilities at big chain stores and smaller independent stores, EVERY recycling container along with community support helps to increase Australia's low battery recycling rate.

Get into action and drop off your used batteries (corroded or damaged cannot be accepted) in our collection boxes located at the Trentham Pharmacy, Trentham Post Office, and the Trentham Neighbourhood Centre.

Thank you, Trentham!



confident that this Summer will be much more comfortable, with the Maples and shade sails providing much needed protection from the hot sun.

Helen van der Werff
Chair – TQSR Committee of Management

Trentham Neighbourhood Centre Survey

We are excited! The TNC is creating our new Strategic Plan for 2023 – 2025 and we want you to be a part of the process. The community we serve is precious, so we'd really value your input to help come up with the best actions to move forward.

Here's a link to our survey (which will take about 5 minutes to complete): trenthamnc.org.au/event-details/tnc-community-consultation-survey

Your information will not be linked to you. The Committee will only see the collated results, so please give us your honest views and ideas. The survey will close on Thursday 15 September 2022 so please find the time to have your say before then.

Thanks in advance!

Anne-Marie Pedeau
President
TNC Committee of Management



Cool Country Men's Shed Inc.

Stackable Boxes for the Kindergarten

For some weeks, Trentham's Cool Country Men's Shed members have been making stackable boxes for the Trentham Kindergarten. The children were delighted with them and as one said "They're made from wood and they're good". We are pleased the children are enjoying playing with them, this is part of our ongoing efforts to help community groups in some way.



At last, we are in Spring and can look forward to some cool morning starts and lovely clear sunny days.

Members of the Shed will be behind the BBQ at the September Lions Farmers' Market this first month of Spring and while you are devouring a sausage or two, we will be happy to chat and answer any questions about the Shed and its purpose. We will also have various items made by members of the shed on display.

The Shed is open every Wednesday and Saturday mornings from 9:30am to about 12:30pm. Feel free to visit the Shed at 55 Mulcahys Road, or contact us via email at cool.country.mens.shed@gmail.com or phone Tony Johnston on 0417 598 144



Tony Johnston
President



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89 Piper Street
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Trentham
22 Victoria St
tel: (03) 5424 1602



Burnbrook Fields - Spring Recipe

Slow Cooked Chutney Lamb Chops

Delicious, easy and oh so tender.



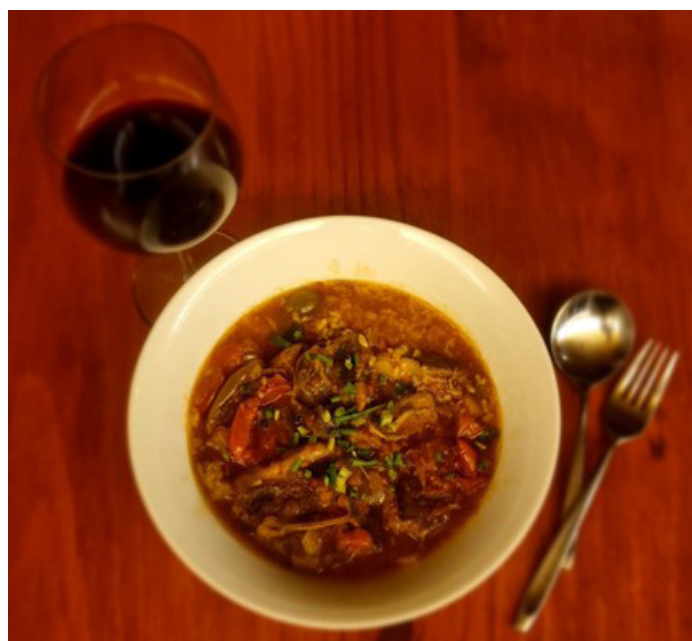
I never have any chutney left over in the house, so I just substitute the ingredients for chutney and have myself a tasty dish. Either serve with mashed potato and some steamed greens or just let the lamb fall off the bone and have it as a delicious pasta sauce.

Ingredients

8 Lamb Chops
 1/2 cup Water
 3 tsp Curry Powder
 1 tbsp Brown Sugar
 1 tsp Soy Sauce
 1 tsp Dry Mustard
 1 cup of fruit chutney or my personal preference:
 1 apple finely diced
 1/4 cup sultanas
 1 onion diced finely
 1 jar passata or pasta sauce

Method

Put all ingredients except chops into a bowl.
 Mix well.
 Place the chops into the slow cooker.
 Pour sauce over the top.
 Cook on low for six hours or put it on before work and let it slowly simmer until you get home.



Catherine KING MP

Federal Member for Ballarat

☎ 03 5338 8123

✉ Catherine.King.MP@aph.gov.au

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Councillor's Report

September 2022

Major infrastructure projects - I am very pleased to report that a construction contract was awarded for an extensive upgrade of the Quarry Street Reserve pavilion and toilets. Challenges in the construction industry have delayed this important project but work will soon be underway. The total project value is \$519k. This is another major step forward for Trentham's facilities. Well done to the Reserve Committee of Management for their work with Council to advance this project.



Work on the sportsground buildings continues to press ahead despite unfavourable weather conditions and is still on track for a late October completion. The new facilities will be of enormous benefit to the football, netball, and cricket clubs – and their members of all ages – as well as the general public.

Similarly, work is proceeding on the community centre construction notwithstanding lots of rain and mud! Unsurprisingly for a building of its age, significant weaknesses were found in the structure and are being addressed to ensure safety and to build a long-lasting community facility. A time-lapse camera has been installed so that a video of the year's work will be preserved for posterity. The project remains on-track for a mid-2023 completion.

Council budget 2022/23 – the budget was adopted at the June Council meeting along with the asset plan. The precarious cash outlook necessitates a thorough review in the next few months. The projections disclose a massive reliance on securing grant funding to fund the ambitious capital works program. The state government has ranked Hepburn Shire in the bottom ten of Victoria's 79 councils on long term financial viability. Significant steps must be taken to improve the outlook if Hepburn Shire Council is to satisfy the community's needs and expectations.

Councillors and senior management are conducting a strategic workshop in late August in part to assess the current situation, identify priorities and agree on the implementation of corrective measures.

Rex – last month I undertook to provide an update on the Rex project after my return from a mid-winter break. This is a contentious project with significant implications for Council's finances. It directly affects accommodation for Council staff, community space, the Daylesford library, and the former cinema – all matters that now require much better strategic planning than what has occurred. There isn't space in this report to fully cover the whole sorry saga so (a) I am happy to discuss it with anyone who contacts me and (b) will publish here the twelve points I made at the July meeting when the decision was taken to sell the building.

"Councillors - I will keep my comments brief for three reasons - much has already been said; the allocation of 3 minutes couldn't possibly do justice to this fiasco; and this organisation chooses to not capture the key points of debate in the minutes of its meetings, so it all feels rather pointless saying much."

I make the following 12 observations.

Based on the 2014 community consultation the building should never have been purchased in the first place. (The community wanted the Hepburn Hub to be in Daylesford town hall).

The acquisition and its price tag of \$6.345m are both highly questionable.

The Municipal Inspectorate's delay in releasing its report is extremely unhelpful as it denies transparency and it fails on justice and accountability.

The lack of control and planning exercised by some previous councillors and previous management has rendered the expenditure of a further \$3m of ratepayers' funds wasteful.

The current group of councillors and management have done the responsible thing and halted the project and closely examined all options.

All of this is occurring in an organisation that has twice ran out of unrestricted cash in the past 18 months; has a precarious financial outlook; has no plan for the maintenance and renewal of community buildings worth \$135m, some of which are heritage listed; until recently had no workforce strategy (although it employs 210 people); is struggling to recover from the financial and human impact of COVID and two devastating weather events; and has a backlog of planning applications that an Olympian couldn't pole vault over. There are many pressing issues that management and councillors must address.

The need for the intended purposes of the Hepburn Hub is not in question. Better staff accommodation is needed. A bigger and better library and community spaces are needed. The resolution to assist in finding a home for the cinema must be carried out... and that includes recognition that a partially completed facility already exists within the building.

Although the various needs are clearly apparent the dominating factor continues to be the eye-watering cost (between an additional \$10m and \$18m depending on configuration) and risk associated with Council retaining ownership of the building.

Consultation on the intention to sell has been carried out in accordance with the LG Act. However, it is highly regrettable that communication over the past 7 months has been ineffective and in places misguided and uninformed. Time and energy have been wasted.

The 98% and 97% statistics arising from the recent survey send a clear compelling message that should be heeded. (98% of the community did not ask for the building to be retained in Council ownership and 97% of the community didn't think the subject important enough to warrant completing the survey).

In the context of councillors being legally obliged to make responsible, evidence-based decisions in the best interests of the whole shire community it would be reckless, unaffordable, and risky for Council to retain ownership of the building.

"I therefore support the officers' recommendation to sell the Rex."

Council will now proceed with the sale. Contrary to some assertions councillors do retain control over the sale process as the resolution requires a report be presented to councillors before any further action is taken.

Upcoming Council meeting dates – 20 September, 18 October, 22 November. A special meeting will be held on 15 November to elect the Mayor and Deputy Mayor for the coming year.

Cr Brian Hood
bhood@hepburn.vic.gov.au
 0427 797151
 Facebook - Cr Brian Hood for Trentham & Coliban ward

The Settlement

TNC



SEPTEMBER 2022

**R U OK? DAY****THURSDAY SEPT 8TH 1PM*****FREE GENTLE YOGA CLASS FOLLOWED BY AFTERNOON TEA**

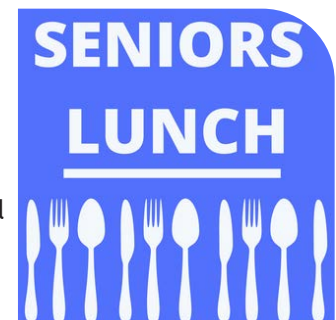
Life's ups and downs, happen to all of us but by asking 'are you OK?' and having regular meaningful conversations we can help the people in our world feel supported and encourage them to access help before they are in crisis. TNC are offering a free Gentle Yoga session followed by afternoon tea to help raise awareness for this year's R U OK? Day.

RSVP: 03 5424 1354 or <https://www.trenthamnc.org.au/event>

SENIORS LUNCH 2022**THURSDAY OCT 6TH 12PM \$10**

Join us for a sociable and healthy lunch to celebrate the 40th Victorian Seniors Festival. The statewide festival is for Victorians over 60, focusing on providing fun and good times with opportunities to participate in events and activities for free or low cost throughout October each year.

Bookings essential: 03 5424 1354 <https://www.trenthamnc.org.au/event>

**HALLOWEEN TRICK OR TREAT****MONDAY OCT 31ST**

Finally after two long years we are able to invite Halloween friendly homes back to our annual Halloween event. Every year this event gets bigger & bigger with over 100 kids enjoying dressing up and parading around town.

We are in need of Halloween friendly homes that will welcome Trick or Treater's in the afternoon of Monday 31st Oct from 3pm.

***To register your house / business for our map please contact our office**

TNC COMMUNITY CONSULTATION SURVEY

We are excited! The Trentham Neighbourhood Centre is creating our new Strategic Plan for the years 2023 – 2025 and we want you to be a part of the process. The survey will close on **Thursday 15th September 2022.**

Please visit the link below to complete our survey which will take about 5 minutes.
<https://www.trenthamnc.org.au/event-details/tnc-community-consultation-survey>

**Tania Sawyer - Manager**

Phone 5424 1354 ▪ email admin@trenthamnc.org.au ▪ www.trenthamnc.org.au

The office is open Monday to Thursday 9:30am-4pm

Corner High & Market Streets, Trentham (opposite the old Post Office) ▪ PO Box 96, Trentham VIC 3458

Are you passionate about healthcare in your local community?



Central Highlands Rural Health welcomes applications from community members to join our Community Advisory Committee.

The Community Advisory Committee (CAC) is appointed by, and reports to, the Board of Directors of Central Highlands Rural Health (CHRH).

CHRH has been a part of the Macedon Ranges and Hepburn Shire for over 160 years. Our purpose is to deliver Best Care to our communities. Our services include rural hospitals in Kyneton, Creswick and Daylesford, Residential Aged Care facilities in Daylesford, Trentham and Creswick, and Community Nursing and Community Health services across the region including Clunes.

The role of CAC is to advise the Board on effective consumer partnering and participation; advocate on behalf of the community and consumers on new initiatives to deal with current or emerging health issues; and, to provide direction and leadership in relation to the integration of consumer, carer and community member views into all levels of CHRH service operations, planning, and policy development. We welcome community representatives who are passionate about local healthcare and live in the Macedon Ranges or Hepburn Shire. CAC meets four times a year, usually on a Monday.

SKILLS AND EXPERIENCE REQUIRED:

- Strong commitment to improving consumer experience and partnerships.
- Lived experience as patient, family member or carer of CHRH is highly valued, but not essential.
- Able to use your strong community networks and good understanding of local issues to inform your participation on the committee, and bring the voices of your community/communities into the work of the Committee.
- Willing to promote the work of CHRH across your local networks and communities.
- Willing to participate thoughtfully and collaboratively as a member of the committee.

The health service recognises that encouraging consumers to step up to such forums and enabling them to contribute requires ongoing support and training.

CHRH COMMITS TO PROVIDING CONSUMERS WITH:

- Orientation (briefing on the hospital and work of the committee, outline of hospital values and confidentiality requirements, discussion of support expectations, and introduction to key persons).
- A dedicated staff member to be a regular point of contact.
- Pre-meeting opportunity to ask questions about agenda items, or other information required, and a post-meeting debrief.
- Access to relevant training.

For more information please visit: www.chrh.org.au/about-us/board-subcommittees to see the Terms of Reference (TOR) or call Maree Cuddihy on 03 5422 9920 to discuss the role in more detail.

We encourage you to read the 2021 CHRH Annual Report and the CHRH Strategic Plan, available on our website www.chrh.org.au/about-us/publications

HOW TO APPLY:

If you would like to apply to be a member of the CHRH Community Advisory Committee, please write a short application that outlines:

Your interest in being a member of the Community Advisory Committee
Any relevant experience and skills, as detailed above.

Applications close 16 September 2022.

Please submit your application to Elise Hart via email: elise.hart@chrh.org.au



📍 Clunes | Creswick | Daylesford | Kyneton | Trentham
☎ 5321 6500
🌐 www.chrh.org.au



Sport



It was a big week at the Saints' home ground for the last week of the home and away season preparing to host Talbot for the final round. We were so happy to see celebrations off the charts for the 130th anniversary of the club formation and also the 1992 Senior & Reserves Premiership 30-year reunion. Special guest Nick Maxwell (former Collingwood Premiership Captain) attended training, speaking to the junior and senior groups in preparation of their finals campaign. If you have a minute have a look at our socials for fabulous images.

Having been an exceptionally challenging year for the club, the organisers, club committee and helpers should be very proud of themselves for the outstanding achievements this season. A big high five to everyone who put up their hand to be an official, an umpire, a scorer, a timekeeper, a gate keeper, a kitchen hand, a cleaner, a trainer, a bar tender, a coordinator, a team manager, a photographer, a sportswriter - the list goes on and on! Thank you for making our club the greatest there is. #TrenthamSaints.

Junior presentation will be held Friday 30 September and Senior Presentation Saturday 1 October

Six out of ten teams have made the finals after the final round on August 20 & Jake Keogh kicked his 100th goal for the season. Follow and watch our socials for results, updates, upcoming games, and events.

*Trentham vs Talbot vs the mud: Trentham victors.
Photo Credit Steve Hammond*



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**Trentham Saints
Junior Presentation Night**
 U11.5, U14.5 Football
 &
 U13, U15, U17 Netball
Friday 30th September
6:00pm
Saints Marquee
Finger Food & Drinks - No charge



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Sport

Trentham Bowling Club - Seeking New Members

The Trentham Bowling Club was established in 1963 and has mixed teams in both the Saturday and Tuesday Pennant competitions.

We are a family friendly club located on Park Street. The Club won back-to-back premierships in Saturday Division 3 Pennant in 2019-2020 and 2020-2021 seasons along with Division 2 in 2020-2021. We play in the Ballarat Highlands Bowls Region Pennant competition against teams including Kyneton, Woodend, Macedon, Gisborne, Lancefield, and Romsey.

This season begins on Saturday 15 October. Saturday games commence at 1.00pm and Tuesday games at 10.00am. Practice roll ups are held on Tuesday and Thursday evenings commencing at 4.30pm.

There will be several Friday Night Social Barefoot Bowls Nights during the season which are informal events commencing at 5.00pm and include a BBQ and refreshments and expert tuition on the finer points of bowling. We would love to welcome you and your friends/family on these nights.

Other private social bowls events are encouraged. Bowls is a lot of fun and is open to players young and older, male and female. Games are played in good spirits. Bowlers share a special camaraderie which is evident when you first set foot on the green.

Regular Club updates will be posted on Trentham Connections Facebook page.

For further information please call the Secretary 0411 736 736 or email: pgalove64@outlook.com

Peter Love
Secretary



TRENTHAM BOWLING CLUB Inc.
3 Park Street, Trentham VIC 3458 • Phone 5424 1550

Trentham District Cricket Club 2022/23 Season

Players & Volunteers are wanted for the upcoming cricket season!



- Junior boys/girls
 - various programs available to suit ages 5-17 years old
- Senior men/women

All abilities welcome to join our family friendly club for the upcoming season commencing in October 2022.

Please contact the club for further details trenthamcricketclub@gmail.com or follow us on Facebook and Instagram.

Harley Forgo
Club Secretary - 0437 009 528
Trentham District Cricket Club

Trentham Golf Club - Captains' Reports



Although conditions have been less than ideal competitions have been running as normal except the first two Thursdays of August.

On one, the competition was reduced to 16 holes as the 13th and 14th holes were taken out of play due to fallen trees and it was a total washout on the next Thursday. As this was the Thursday Monthly Medal the result was finally achieved with Alan Hopkins taking the prize. The Saturday Monthly Medal for August saw Robin Wilson and Ray Hannam finishing with the same score so they will play off for the medal on the September Medal Day.

The third round of the Singles KO is to be played late August with the final on Saturday September 10. The appropriately named Winter Cup has been played with Simon Ovenden winning the Scratch Trophy and Nathan Johnston the Handicap Trophy.

The club is gearing up for a busy Spring with the Club Championships and the Tournament to come. This year will see the introduction of the Community Bank Trentham sponsored Open Senior Tournament to be played over 36 holes, the event is for both men and women and draws some very capable competitors.

Good Golfing

John Hudson
Men's Captain TGC

The weather has continued to play havoc with the running of our golf program with more tree damage in the first week of August. Plus, the above average rainfall has made it difficult playing on some days. But, despite these problems the women held their 2 qualifying rounds for the Single Knock Out. The 16 qualifying women are now playing match play, with the first round to be completed by the end of August. Good luck to all women who have qualified.

Out Club Championships are also about to commence. The first round will be held late August. The Championships are decided on 3 rounds of stroke, held on consecutive Saturdays and Wednesdays.

One of our major events held yearly is the Trentham Falls Plate. This event is open to all clubs in the district to enter teams of 3, competing for the honour of winning the Plate. The best team score wins. The club has been unable to hold this event the last 2 years due to COVID restrictions, so we are really looking forward to hosting it this year.

Trentham women can enter this event and play graded events, but historically the committee has decided that only visitors can win the major prize. Seymour's team won it in 2019. It is always a great get together with many laughs over a shared lunch and tales of the missed putts!

Veronica Maher
Women's Captain TGC

Springs Medical

Falls & Balance Clinic - New in Trentham

Do you feel unsteady on your feet? Have you had a fall recently?



The Springs Medical Falls and Balance Clinic has been created to help patients who are at risk of falling or lack confidence in their balance. The exercise program is designed and delivered by Accredited Exercise Physiologist, Jake Dwyer. Jake works closely with participants to improve their mobility and confidence which can help enhance quality of life and independence.

We offer a 4-week exercise program which includes an initial assessment and two 30-minute exercise sessions per week at a local facility in Trentham. There is a maximum of 5 per group. Jake will guide and support you through a series of low-intensity bodyweight exercises, focusing on dynamic balance and gait. Exercises will be at a level appropriate to you, so you progress in a safe manner. You will also be educated on the benefits of regular and ongoing balance retraining and how the exercises work.

As part of a group, you will also enjoy the benefits of working together and celebrating your achievements.

Why is balance training important?

- Our balance decreases as we age and our risk of falling increases
- Falls can have serious consequences including bone fractures, reduced independence, reduced mobility and quality of life
- Falls are prevalent - 1/3 of Australians aged over 65 have at least 1 fall each year
- Falls account for 38% of all incidents within Australian hospitals

What are benefits of improving your balance?

- Reduce falls risk and hospitalisations
- Improve confidence and reduce fear of falling
- Help maintain independence and mobility
- Improve quality of life

Visit our website to find out more or speak with your GP to decide if this program is suited to you.

Springs Medical

22 Victoria Street, Trentham
(03) 5424 1602

www.springsmedical.com.au

The Plonkers

"Digby, I feel like eating out tonight."

"But it's Monday Niles, don't be silly, this is Trentham not Paris"

"Ok, well. suit yourself. I'm off to Mr. Peacock for wine and pizza!"

"Oh of course, hold on Niles I'll grab my coat, and gloves and beanie and scarf and..."

Made to feel welcome our Plonkers sat in the main room out front. Plenty of space to de-layer with warm funky urban tones and striking photographic prints of Australian flora surrounding them.

"A decent crowd for a Monday Niles! I like their chicken parfait - let's get that, and start with a glass of something?"

"Yes, and these roasted sprouts with kale and candied walnuts look delicious. Let's share both with a couple of glasses"

"I read in last month's Trumpet that Brussel Sprouts are high in vitamin K, that's good for our bones at our age. So many beers including tap beer Niles, I'll have a Hop Nation Pale Ale, you? There's also a lager on tap"

Niles bypassed his favourite Cote du Rhone 'La Vielle Ferme' Rose, in order to try Boomtown Wine's intriguing

sounding Chardonnay-Riesling combination. Buttery but zesty it had the best characteristics from both grapes and was a perfect crispy aperitif.

Finishing his beer, Digby asked their waiter (long, tall Jack) for a bottle of the Welshman's Creek Shiraz. A medium bodied fruity red that he considered would go well with their starters and pizza.

After slowly making their way through their generously proportioned starters and most of the red, Niles asked:

"I'm not really sure I could eat a whole pizza after that Digby, shall we share one?"

"Sure" replied Digby and without hesitating ordered a bottle of the Granite Hills 'The Gordon' and a meat lovers pizza (his favourite) to share.

"Oh Digby, you know what happened the last time you had that heavy delicious drop?"

"Yes Niles, I remember quite well. We had a very amusing night at the Cosmo afterwards. But don't worry, my good friend, they're not open on a Monday night."

Cheers!

Niles & Digby
The Plonkers



Local Business Guide

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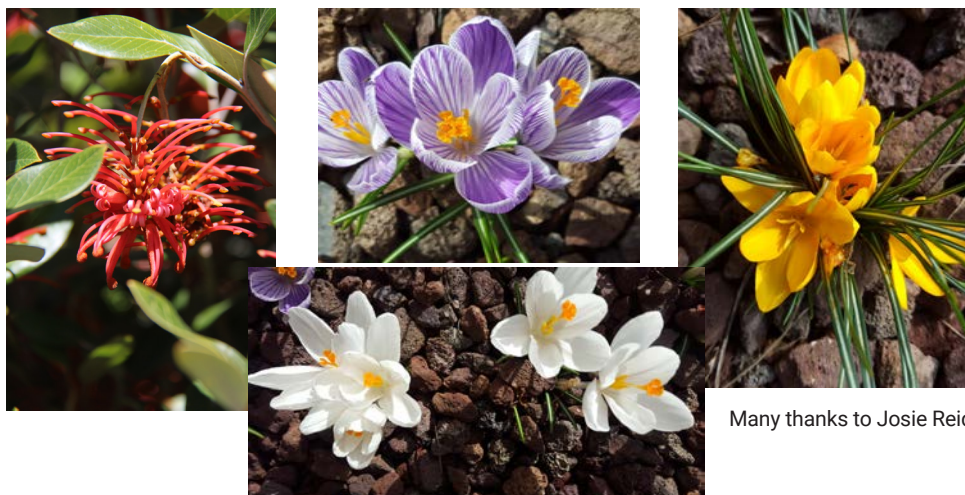
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Spring has Sprung!

In our Trentham garden, the Grevillea Victoriae "Murray Valley Queen" has been lovely for months now.

Finally, the Spring crocuses have tentatively been pushing through. Symbolically, crocus vernus represent rebirth, innocence and joy... bring 'em on!



Many thanks to Josie Reid

Spudman's Signoff

Potato, first food grown in space.

Spudman

Spudman by Peter Young
Oil on Canvas

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