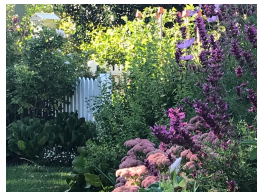




**Food miles**



**Matt Harding  
memorial**



**Gardening**



**Sustainability**



**Artist  
of the  
month**

# TRUMPET



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The Trentham Trumpet is published the first week of every month except January.

Trumpet is the community's voice to:

- Inform on local news and events, and engage in topical discussion
- Provide a platform to express considered views and concerns
- Contribute to the historical record
- Promote local trades and services

The editorial team reserves the right to refuse any article or advertising and to edit articles for length and clarity. Opinions expressed in articles are not necessarily those of the editorial team.

Articles should be no more than 350 words. Longer essays and stories can be discussed with the editor for inclusion.

Letters should be short and to the point, ideally no more than 200 words.

The principles of civil discourse apply.

Trumpet Notes are a short acknowledgement that compliments, celebrates, shares a memory or gives a note of thanks.

**Space in Trumpet should be booked by the 15th of the month.**

**The deadline for submissions is the 20th of the month.**

Please forward all items for publication to:

Email:  
trumpet@trentham.org.au

Post:  
Trentham Neighbourhood Centre  
PO Box 96, Trentham 3458 or  
Cnr Market & High Sts, Trentham

Trumpet contributions and advertising guidelines, along with electronic subscriptions are available at [www.trentham.org.au](http://www.trentham.org.au).

Printed versions can be found in most retail and community outlets in and around Trentham.

Thank you to the wider community for your ongoing support.

**Editor:** Amanda Marx

**Editorial Committee:**  
Amanda Marx, Karen McCrea,  
Suzi Donovan

**Advertising:** Amanda Marx

**Design:** Suzi Donovan



### Acknowledgement of Country

The Trentham Trumpet is distributed on the traditional lands of the Dja Dja Wurrung communities, represented by people from the Kulin nation. We acknowledge that sovereignty was never ceded and pay our respects to elders past, present and emerging.

Follow us on instagram

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MEMBER 2020

### This month's cover

Matt Harding Memorial in Trent Creek Reserve Photograph  
by Richard Ryan



## from the editor

First and foremost a big of thank you must be extended to Karen McCrea and Suzi Donovan for jumping on board 'The Trumpet Train'. There are plenty of seats for others to join us in the journey our little town newsletter is on so please contact me if you would like to participate.

A big part of the recent evolution of the Trumpet has been the innovation of our layout and content that will continue to be the case from month to month ... your feedback is a vital part of the direction Trumpet takes in future issues. Any and all comments and suggestions will be taken on board and ideally, where possible, implemented.

Our 'Sustainability' theme for 2020 has been enthusiastically embraced in our first, to my knowledge, short form essay along with a number of articles in this issue that have embraced the theme.

In keeping with our desire to innovate and stay on song with our 2020 theme, I have included Henk Bak's article here by way of his unique and worldly-wise take on what the 'Climate Crisis' and sustainability looks like from his corner of the world we share.

cheers

a m

### Correction

Trentham Golf Club charity Day is in support of Cool Country Men's Shed

### Reclaim the Golden Rule – Declare Climate Emergency

Two recent meetings, ten days apart, showed me how the two versions of the Golden Rule are different: on February 9th at Evera, Trentham, our workshop focused on reclaiming the negative version: 'don't treat others in ways in which you yourself wouldn't want to be treated', trying to uncover what 'system' forces us to mistreat others, whether we want or know it or not: ill effects on peoples livelihood, health, freedom, the environment, etc. A first answer was: our own consciousness, a systemic denial or forgetting...further answers: power and greed. In both answers lies a sense, that there is something beneath the usual 'culprits': something that makes autocrats and corporate violence against people and the environment possible, even 'legal'.

We hardly touched on the positive version of the rule: 'love God. Love your neighbour as yourself.' in various formulations. Still: the positive version is the primary motivation for the negative. A will precedes a rule, a command that awakens and activates a capacity that is inherent in being human: love, respect, care and a call to develop all the strengths, virtues, attitudes that express this love in daily life: 'honesty, courage, a spirit of connectedness'.

These virtues were enumerated by Mik Aidt in his talk for the 'Central Victoria Atheists and Freethinkers Gathering' in Woodend on the 19th. After an account of the rapid rise and declarations of 'A Climate Emergency', Mik expanded on the kind of qualities and actions needed to make real transformation happen. 'Put your heart in it!' Scale back consumption rather than rely on more renewables, the production of which consumes natural resources. Traditional forms of fasting may help to break habits of consumption and enables us to walk a path where there is none (Aboriginal wisdom). Without referring to the Golden Rule, Mik Aidt was actively reclaiming it.

**Henk Bak**

## Visitor and local information

### sleep

#### Air B&B

##### Acre of Roses

Entire cottage

##### The Potting Shed

Entire guesthouse

##### Turners Retreat

Entire cottage

##### Secondo at Trentham

Entire house

##### Studio Agave

Private room

##### House Agave

Entire house

##### Paddy's Rest

Entire guest suite

##### Garden Guest Cottage

Entire guest suite

##### Hortensia

Entire house

##### Domino House

Entire house

##### The French House

Entire house

##### 'Leisceior'

Entire house

##### The Attic@Trentham

Entire guest suite

##### Lynden Cottage

Entire cottage

##### Hollyoak

Private room

##### Trentham Lake Villas

Private room

#### Private rentals

##### The Estate Trentham

Entire cottage

### eat

#### High Street

##### Du Fermier

French style local produce

##### The Cosmopolitan

Pub meals

##### The Trentham General Store

Cafe style

##### The Plough@Trentham

Pub meals

##### Chaplins at the Muse

Cafe style

##### Red Beard Bakery

Woodfired baked bread and light meals

##### The Bakery

Baked goods and light meals

#### Market Street

##### AtEric's

Cafe style

##### Atelier Chocolate

Handmade chocolates,

French style light meals and hot chocolate

#### Trentham East

##### Pig and Whistle

Pub meals

#### Lyonville

##### Radio Springs Hotel

Pub meals and Pizza

#### Musk

##### Passing Clouds Winery

Char grill local produce



## Visitor and local information

# shop

High Street

### Phillip and Lea

Kitchen and gardening tools

### IGA

Community supermarket

### We of the Wild

Hand made jewellery

### Jargon

Handmade hats and dolls

### Kuki

Fashion and collectables

### Red Beard Bakery

Bread and cakes

### Rubygoose

Local produce

### The Little Gallery

Works by local artists

### Frankie and Mae

Women's fashion

### Dallas

Homewares to fashion

Market Street

### Catherine Abel Gallery

Paintings

### Summer's End Nursery

Seedlings to trees

### Atelier Chocolate

Handmade chocolates

### The Green Store

All things environmentally friendly

# explore

Trentham falls

Domino Trail

Wombat Trail

Trentham Railway Station

Quarry Street Reserve

Catherine Abel Gallery

Trentham Golf Club

Historic Trentham Police Station



## Be prepared for fire season.

With the bushfire season fast approaching, it's timely to think about the protection of your home, contents or investment property.

And knowing your biggest assets are properly covered is important. Is the insurance you have, the cover you need?

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## Visitor and local information

# locals

Locals nights

### The Cosmopolitan Hotel

High Street, Trentham  
Wednesday dinner

### The Pig and Whistle

James Lane, Trentham East  
Tuesday dinner

### The General

High Street, Trentham  
Alternate Thursday dinner

### Passing Clouds

Passing Clouds Winery, Musk  
Monday lunch



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COMPLIMENTARY WINE TASTINGS IN THE CELLAR & STORE  
SAMPLE OUR REGION'S FINEST

## PERSONALITY OF THE MONTH

### Lynn Sunderland



### Versatile skills abound at the TRATA Historic Railway Station Market.

Each month you will find Lynn Sunderland of the Barney Google stall with her interesting range of craft products. Using vintage and recycled fabrics, wool and buttons, the beanies, hand embroidered felt brooches, and soft toys make each article a unique and environmentally sustainable treat.

Lynn has been a familiar face at markets for several years, being a resident of Lyonville for over 30 years.

As well as making these charming crafts, Lynn has authored *Charlie's Book*, a local history of Lyonville.

If you are interested in having a stall or just coming along to see the exciting range of produce and other goodies, we'd love to see you on the 4<sup>th</sup> Sunday of the month.

### Gladys Young

TRATA Market Representative



**The third Saturday of every month  
in Trentham's Town Square.  
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eggs wine cheese  
fruit & veg  
dips & preserves  
sweet treats honey oil  
sourdough

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## Visitor and local information

# locals

## Produce exchange

3rd Saturday of the month

### Greetings everyone!

It was wonderful to see so many of our regular swappers for our 6<sup>th</sup> birthday last month and many visitors from further afield. We welcomed several new residents interested in what we do! Thank you for helping us celebrate this special milestone and making our monthly swap such a success!!

The stars of the show in January were loads of beautiful rhubarb, lots of luscious lemons, a huge variety of fragrant herbs and plenty of farm fresh eggs. Beautiful blueberries, big blackberries and strawberries and perfect baby beets were very popular, as were Pam's yummy jams.

Lucille & Harry brought lovely bunches of kale, lavender and herbs with a special handmade sign; and Anour brought pretty flowering herbs to swap. So encouraging to meet young children at our swap table and great that they're learning about nature and where good healthy food comes from.

There were not as many leafy greens around so the bok choy, kale, silverbeet and purple cabbage that appeared (briefly) were appreciated swaps.

Zucchini have been slow to arrive this season – one bright yellow one turned up last month, looking like a perfect banana! If our patch is anything to go by, the zucches have gone bananas recently! Zucchini anyone?

**Thank you to all our marvellous swappers of all ages, it's always wonderful to see you and find out what's happening in your veggie plot and to catch up on gardening and cooking ideas.**

The February edition of Cuttings on-line (Sustainable Gardening Australia's newsletter: [www.sgaonline.org.au](http://www.sgaonline.org.au)) talks about food security and how we can help ourselves and others by growing and sharing food. SGA says,

"becoming more common is sharing food and garden produce through food and harvest swaps ... people can be seen, mostly on weekends, swapping excess produce from their gardens. Lots of fun and an excellent way to improve food security!"

It's all happening again **Saturday 21st March** at **Trentham Farmers Market**. Come along to say *g'day* and bring your garden excess to the **Produce Exchange** for some good swapping, starting around 10am.



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## Artist of the month



Trentham silversmith Ruby Wilson-Peirce is second to feature in our new series of monthly artist's profiles. She was introduced to her life's passion by local real estate agent Fran Harkin. Fran is a former silversmith who Ruby met through Trentham's Little Gallery, where Fran exhibited before turning to real estate. "Fran gave me lessons and tools and showed me how to use a blow torch and I fell in love with making jewellery," Ruby told "The Trumpet".

That was six or seven years ago and Ruby has since developed her signature organic ring and pendant designs (she doesn't like carefully engineered, precision design) using opals. She loves opals because of their beauty and because they are Australian. "They show off every colour under the sun, they take six million years to form, they are one of the world's six most precious gemstones - and they are the only gemstone found on Mars," she said.

Ruby's ambition is to be a full-time silver smith. But like many Australian artists, she finds she needs to work part-time elsewhere to make ends meet. In her case, that presently involves shifts at The Pig and Whistle. But that has offered an artistic bonus when customers see her distinctive jewellery on her and ask where they can get it. However, she is confident full-time silversmithing is going to happen. "And if it doesn't just happen, I will make it happen," she adds. She does sell on-line - check her on Instagram at [Rubyfierce\\_](#) or on her website at [rubyfierce.com](#) - but jewellery is a tactile thing and most buyers and collectors need to touch, feel and try it on before deciding to own. Accordingly, a lot of her sales, particularly to visitors to town, are via Trentham's Little Gallery, where Ruby does regular shifts along with other members of the artists' collective that makes up the gallery. Ruby is confident that Trentham is an ideal place to practice her passion, partly because of the strong, supportive arts community and largely because it is "just a beautiful, inspiring place".

She has recently started sharing a studio with her mother, acclaimed painter and portraitist Rose Wilson. "The chemistry is good - we work alongside each other with the music blaring, each of us just doing our thing", she said. Being her mother's daughter has probably influenced her artistic instincts but she jokes that she wouldn't have minded also inheriting some of her Dad's "maths smarts".

Airline pilot Dad, Steve Peirce, is the practical one of the family, she explained.



**Peter Young**

## Food for thought



We are blessed in Trentham with beautiful soil which grows great veggies and at the same time, reduces our food miles.

So, what are food miles I hear you ask? They are a way to measure how far your food travels before you buy it and take it home. It's another way of seeing the environmental impacts of the foods we are buying and eating.

Research has shown that what we eat, and drink contributes to about a third of the CO2 pollution connected with our day to day living. Where fruit and veggies are grown, how far they have travelled, how they are stored and refrigerated all contribute to determining their carbon footprint.

Did that item you bought wrapped in plastic from the supermarket fly in from another country, or another state, did it travel thousands of km by road? All of these transport methods require fuel which emits tonnes of CO2 emissions, all contributing to Climate Change.

If you can't grow veggies at home why not stock up at farmers markets, support local producers and cut down on your food miles and plastic waste? By growing your own food, even if you just start with a few crops, you are contributing to a healthier you and a healthier planet. And if you happen to have too many zucchinis, or tomatoes, they make great bartering items, produce exchange – 3<sup>rd</sup> Saturday of the month in the Town Square or delicious gifts for friends.

The thought of starting a garden can be daunting, but you can grow lettuces and herbs in polystyrene boxes that will have you eating beautiful fresh salad in six weeks.

You might like to calculate your food miles here: [calculatingyourfoodmiles](#)

**SANDY SCHELTEMA**

## Bronwyn's Lentil Pie

*When I started my Australian cooking career in the 1980s, I worked for a fine vegetarian restaurant in Brisbane called Squirrels. One of the owners, Bronwyn Moses, introduced me to the following delicious recipe, which was a standout favourite and staple on the menu.*

*It's a great way to make use of some of our local produce, particularly potatoes and zucchinis, which are abundant in my garden at the moment. Combined with garlic, mushrooms, cheese and cream, it is also a good winter warmer. I like to serve it with matchstick carrots fried in soy sauce and sesame seeds, and steamed broccoli or beans. This recipe feeds 4-6 people, depending on your appetite.*

**1 cup dry green lentils, soaked in cold water for an hour or two (this just lessens the cooking time but is not required if you are short of time)**

**500g potatoes (I find waxy ones work well, but any type will do)**

**150g button mushrooms, thinly sliced**

**250g zucchinis, quartered lengthwise and thinly sliced**

**1 clove garlic, crushed and chopped**

**20g butter**

**300mls cream and milk (I use about one third milk to two thirds cream)**

**150g grated cheddar cheese**

Cook the lentils in the soaking water until tender, then drain. Boil the potatoes until tender, then drain and cool. Melt the butter in a frying pan and when sizzling, add the zucchinis. Fry until they start to brown, then add the sliced mushrooms and garlic. Fry for a further 2-3 minutes until the mushrooms have wilted. Season with salt and pepper.

Spread the cooked lentils in the bottom of a shallow casserole dish, spread the zucchini and mushroom mix on top. Slice the potatoes in half centimetre thickness and arrange on top. Pour over the cream and milk mixture and top with grated cheese. Bake at 200 degrees C for 30-40 minutes until the cheese is browning and the cream is bubbling at the sides. Serve with side vegetables. Enjoy!

*Contributed by Vicki Jackson of Lyonville*



## Health and wellness

The natural rhythm of nature plays a vital role in orchestrating our lives. There is a pulse that resonates around us and within us, known as the universal life force.

In Ayurveda we call this prana. Prana is the breath of life that connects us with all of life. The simple act of breathing creates movement to allow prana to bring life to the body. To live in sync with the rhythm of nature and its attributes is the key to living a vibrant life.

As a witness of nature in Autumn we see a change in our landscape and enjoy a beautiful display of autumn leaves before they lose their lustre and return to the earth. This all happens because of less sunlight and a change in temperature. This is a time for nature to transition and prepare for Winter; to renew and blossom in the spring.

As nature transitions to prepare for Winter, so too should we, if we intend to blossom and experience a vibrant life.

This is the time to build your immune system and nourish your body with pure whole foods in preparation for a Winter in Trentham.

According to Ayurveda, we are a universe within a universe, and like will exacerbate like. This season there is movement of air creating wind, which is cool, dry and rough. Dry and rough conditions in the environment, will cause dry and rough conditions on our skin. This can lead to itchy, dry skin or scalp, dry eyes and cracked lips and can aggravate pre-existing skin conditions. If the internal body is dry and rough, we may experience constipation from the dry conditions,

or bloating and gas from excess air or wind. Aches and pain in the joints caused by stiffness and tightness from lack of lubrication and restricted movement may also be an issue this season. Less sunlight also leads to less vitamin D which is important for the absorption of calcium for bone health and supporting the immune system. Lightness in the air can also be associated with feeling light-headed or being unstable and ungrounded due to the constant change in temperature and movement of the wind. All these conditions relate to the attributes of nature and the elements of air and ether which we call Vata in Ayurveda.

Follow these tips to achieve better health and counteract changing conditions this season by adopting regular daily routines; go to bed early and wake up early, eat foods containing good fats, eat consciously, choose slow cooked warm meals, drink warm ginger teas and use warming herbs and spices, participate in activities that

improve your flexibility, avoid the outdoors in windy conditions, apply warm oil on your skin and do self-massage before a shower. This will all help keep you balanced this season.

It is important to breathe deeply taking in prana, keep good

company, stay grounded, explore your creativity and enjoy your life.

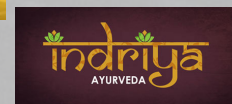
## living with the rhythm of nature in autumn



**Catherine Laurent ND**

Self-Nurturing Activist

Combining the wisdom of Ayurveda and Naturopathy for vibrant health



**Trentham Pharmacy**

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**NDSS**  
national diabetes services scheme



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**Saturday**

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**9:00 am – 12:30 pm**



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# springs medical



## NEW FACES AT SPRINGS MEDICAL DAYLESFORD | TRENTHAM | KYNETON



L-R New Doctors Dr Caryn Tay, Dr Nicholas Bredenkamp, Dr James Smith with returning Doctors, Dr Danielle Robinson and Dr Holly Lewis.

**Springs Medical is proud to introduce the new Doctors and Students for 2020. Each year Springs Medical welcomes a new contingent of GP Registrars - who are all fully qualified doctors completing their training in General Practice.**

## Our new 2020 Doctors



### Dr Nicholas Bredenkamp (Daylesford)

Nick was raised in the Scottish Highlands and moved to Edinburgh after high school to study medicine at the University of Edinburgh. After working in various hospitals throughout Scotland, he completed his membership exams to the Royal College of Physicians. Nick soon discovered an affinity for working with the elderly and worked as a Speciality Doctor in Geriatrics at the Royal Infirmary of Edinburgh. After moving to Australia in 2013 Nick continued to broaden his geriatric work in various hospitals in the western suburbs of Melbourne. In 2019 he worked in one of the busiest Emergency Departments in Victoria to help prepare him for rural general practice.



### Dr Caryn Tay (Daylesford)

After completing her medical degree at the University of Melbourne, Caryn moved to Albury where she worked as a junior doctor for a year. Charmed by the beauty of rural living, she decided to embark on a career as a rural GP. Caryn spent 2 more years as a doctor at Ballarat Base Hospital gaining experience in areas such as emergency medicine, paediatrics, obstetrics and gynaecology, psychiatry and palliative care. Caryn's special interests are: Mental Health, Preventative medicine, Palliative Care and Women's Health.



### Dr James Smith (Daylesford/Kyneton)

James completed his undergraduate degrees in Biomedical Science and Economics at Monash University and then finished his medical degree through the University of Melbourne in 2014. He has extensive hospital experience working in a range of specialties in Melbourne at the Austin, Northern, Frankston and Rosebud Hospitals. During this time he completed rotations in neurology, cardiology, geriatrics, psychiatry, obstetrics and gynaecology, emergency medicine, general medicine, colorectal and cardiothoracic surgery, and completed a Diploma in Child Health. He completed his general practice fellowship in GP clinics in Melbourne and has now moved permanently to the Daylesford-Kyneton region to work full time. James will be completing further qualifications in skin cancer surgery in 2020.

## Our new 2020 Students

### Jordan Nathanielsz

Jordan is a medical student completing his studies through Deakin Rural Community Clinical School in 2020. Before studying medicine, Jordan worked in biomedical research at the Royal Children's Hospital developing a passion for Paediatric Health. Jordan hopes that his volunteer work helping vulnerable groups, particularly less fortunate homeless men will build his understanding, along with personable skills whilst learning from the communities he will one day serve as a junior medical doctor.

### Megan Lowry

Megan is undertaking her third year of medical studies. Two years ago she escaped the big city and settled in the Geelong region to commence medical studies. An area of interest for Megan's for a long time has been empowering and educating young people, so alongside her studies, she spent several years helping to run the National Youth Science Forum in Canberra, a summer science immersion program for school leavers.



## Music events

# join us on the Maria Forde Celtic and music tour of Ireland

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ST PATRICK'S DAY!**



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**Sunday 15<sup>th</sup> March**

**Pig and Whistle**

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**from 1 – 4pm**

**All Day Country Style Set Menu meals**  
**from noon – 8.00pm**

**Live Music by TOF**  
**from 5.00 – 8.00pm**

**Outside bar, Sausage Sizzle**  
**for the Farmers Run**

**Coffee Van and Home-Made Cakes**

**705 James Lane, Trentham East**  
**BOOKINGS ESSENTIAL**

[pigandwhistle@trentham.com](mailto:pigandwhistle@trentham.com)  
**5424 1213**



## Climate change

**CHANGES IN CLIMATE** are affecting forest ecosystems worldwide, leading to forest decline and in extreme cases, forest mortality. For the past decade Professor Stefan Arndt's team has investigated forest growth processes and carbon uptake in the Wombat Forest as well as studied the tolerance of key eucalypt species to drought. Their research shows that trees in the Wombat Forest are generally very resilient to seasonal changes in climate. The eucalypts have high and consistent growth rates, with stem growth for 9 months of the year and canopy expansion for the remaining three. As a consequence, the forest is a constant carbon sink and rarely releases more carbon than it takes up.

However, findings on the drought resistant features of the Messmate Stringybark show they are genetically controlled. This means they will likely not adjust with changes in climate, which is a possible point of vulnerability.

Professor Arndt completed his PhD in plant ecophysiology at the University of Vienna in 2000 following undergraduate studies in Germany. He has been working at the School of Ecosystem and Forest Sciences at the University of Melbourne since 2002. From 2002 - 2006 he was based at the Creswick Campus and has been the Director of the Burnley Campus in Melbourne since 2011.

**Stephanie Jones on behalf of Wombat Forestcare**

*See page 18 for details*

## Words in Winter 2020

Planning for Words in Winter in Trentham is already underway. This year's event will take place from 31 July – 2 August. Events already planned are Contemporary Poetry on Friday, 31 July and will follow a similar format to last year with poetry readings with drinks and nibbles at Chaplins. Saturday morning will be the usual shire-wide Clever Towns Challenge at the library followed by another film from film director John Ruane (Death in Brunswick) to be shown at the Neighbourhood Centre on Saturday afternoon. On Sunday afternoon, the Bush Poetry competition will be held at the Neighbourhood Centre.

In the lead up to the weekend's events the Red Beard Microfiction competition will be conducted with entry forms being available at the Red Beard Bakery and also online. Details to be announced in due course. The Trentham District Primary School will also be involved with a whole-of-school writing competition. Over the weekend a book stall will operate at the Neighbourhood Centre if anyone wishes to have a stall.

Whilst some events are already locked in, we welcome any suggestions for other events that could be included in the program. Also, if you are interested in organising or hosting an event, we would be delighted to hear from you. Please contact Mike or Natalie Gretton on **5424 1897** or **0400 919 104**.

So get your literary thinking caps on!

**Mike Gretton**

Words in Winter, Trentham

## Trentham Golf Club memberships and green fee passes



### Access membership

Features an Australian GolfLink handicap and personal insurance, plus green fee discounts for playing at Trentham.

**\$130 per year**

**For full conditions and to buy online visit [www.trenthamgolf.club](http://www.trenthamgolf.club). Or call in and see us!**

### Full membership

Entitles you to play without any further costs and enjoy the full benefits of belonging to a golf club. Includes a handicap and personal insurance.

**Adult: \$575 per year**

### 12-month green fee pass

If you wish to play regularly and enjoy an attractive discount on green fees (normally \$30), this is a great option. Entitles you to play any time (except when the course is closed for competitions or maintenance). Conditions apply.

**7-day: \$375  
Midweek only: \$270**



## Matt Harding Memorial

# dancing a jig with dad

**A big crowd is expected at the Trent Creek Reserve when a commemorative sculpture honouring the life and work of globally-acclaimed sculptor Matt Harding is officially dedicated at 3pm on 22 March.**

Matt's huge, striking, critically-acclaimed public works are memorable landmarks at major sites around the world.

The town was shocked when Matt, a respected and popular local after moving to Trentham with his young family, died in February 2018.

Jacinta Bourke, who, along with a big and energetic group of locals, has been working to make the sculpture and associated landscaping a reality, said there were discussions about what a shame it was that Matt's work was not to be seen in Trentham. Funding was found via a State Government Pick My Project program, a hard-working campaign was run encouraging public votes to support the project,

and local artist, the late David Bryant, came up with the concept.

It uses two large, metal, crescent-shaped jigs Matt used in his Trentham studio workshop mounted on 12 and 16-tonne boulders Al and Jimmy Dickerson found and moved to the site. Matt's partner Freya McLaren liked the idea of using the jigs as she had always told Matt they reminded her of smiles. They also reminded her of his hugely popular Sculpture by the Sea piece, The Cheshire Smile.

The sculpture has appeared in fits and starts due to frequent weather interruptions which made the foundations too soft and flood prone for a time. At other times, fire bans made it impossible for metal fabricator Ian Newland to use his welder on the DELWP-approved site.

Australia's pre-eminent art dealer Stuart Purves, who had met Matt Harding shortly before his death to discuss possible involvement in a major commercial sculpture park he is developing at Porcupine Ridge near Glenlyon, will make the official dedication on 22 March.

**Peter Young**



## Older and younger



### Community Bank supports local aged care

The Trentham & Districts Community Bank has again demonstrated its unwavering support for the local community by donating vital equipment for aged care residents at Trentham Health.

Representatives of the bank met with senior Central Highlands Rural Health staff to celebrate the growing collaborative partnership between the organisations.

Health service CEO Maree Cuddihy took the opportunity to express her deep appreciation for the Community Bank's vital and ongoing support of the local Trentham community.

The event marked the formal receipt of \$3,000 funding for the acquisition of a Vital Observations Machine, a high tech device that efficiently monitors and quickly alerts any irregularities in the various so-called 'vital signs' such as blood pressure, pulse rates and blood oxygen levels.

The bank also announced a further grant of \$1,995 for the purchase of a patient transfer assist trolley which will enhance the safety and comfort of residents as they relocate from chairs, sofas or wheel chairs.

This new equipment promises to significantly improve the quality of care of aged care residents, which in turn leads to considerable enhancement to their quality of life.

After a comprehensive tour of the community health and aged care campus, the representatives discussed potential forms of future collaboration to advance their shared objective of enhancing the quality of life of residents within the Trentham district.



### Tylden Primary School Fair

Our major fundraiser for the year, the Tylden Primary School fair will be taking place on:

**Saturday 21st March from 10am-3pm.**

All proceeds from the day go directly into our little school - supporting the Stephanie Alexander Kitchen Garden Program, new computers and technology, upgrades to our playground equipment, annual swimming program and much more.

This fun day prides itself on being a proper country fair and great day out for the whole family, with a delicious selection of gourmet local produce food stalls, coffee, Devonshire Tea and great entertainment.

A ride wristband purchase will provide the kids with unlimited access to - camel rides, jumping castles, giant slide, bungee trampolines, animal farm and more for the duration of the event.

Grab some plants for the garden, or that special gift for Easter at the craft stall. There is also a fantastic range of goods up for bid in the renowned Tylden Silent Auction and as always, there will be a raffle with wonderful prizes donated by local businesses.

This is the premier event on the Tylden calendar, we hope to see you there.

For more information about the fair or to purchase ride wristbands contact the school on **5424 8244** or follow us on facebook at **facebook.com/tyldenps**

# Calendar

MARCH - APRIL 2020		Location	Time	S	M	T	W	T	F	S	
				1	2	3	4	5	6	7	
<b>EVENTS</b>											
Chillout Festival <a href="https://www.chilloutfestival.com.au/festival">https://www.chilloutfestival.com.au/festival</a>		Daylesford						•	•	•	
Whitetop Mountaineers (USA) Concert & BBQ		Blackwood Hall	2pm - 5pm								
Cool Country Classics Car Club – Cars & coffee		Lyonville Hall	9.30am								
Bullarto Tractor Pull & Vehicle Display		Bullarto Hall	All day								
HSC - Council meeting		Daylesford	6pm								
Rowan Reid Master Tree Grower		Pig & Whistle	7pm								
Tylden Primary School Fair		Tylden Primary	10am - 3pm								
Trentham Golf Club Charity Day		Golf Club	All day								
Matt Harding Memorial		Trent Creek Reserve	3pm								
<b>MARKETS</b>											
Produce Exchange - Glenda 5424 1727		Town square	9am - 1pm								
Trentham Community Group Market - Maryanne 0408 996 764		TNC	9am - 1pm								
Trentham Farmers Market - Shirley 0427 207 783		Town square	9am - 1pm								
Trentham Station Market - Gladys 0403 667 510		Station	8.30am - 2.30pm								
<b>MEETINGS</b>											
Cool Country Classics Car Club – John 5424 1166											
Cool Country Ukes – Mez 0403 007 761 / Suzanne 0439 700 141		TNC	10am - 12noon						•		
CWA - Lyn Brown 5348 5568		Station	10am								
Hepburn Shire Council - Local business support 5321 6122		Library	10am - 4.30pm								
Food for Thought - Sylvia 0419 229 488		The Cosmo	12noon								
Lions Club - Tim 5424 8291 / Shirley 5348 5723 / 0427 207 783		Various	7pm for 7.30pm					•			
Shared Reading Circle - Victoria 0425 716 847		TNC	1.30pm		•						
Trentham Historical Society - secretarytdhs@gmail.com		Library	7pm								
Trentham Hospital Auxiliary - Cath 5424 1395		Hostel	10am								
Trentham Landcare Group - Ann 5424 1010 / Greg 0401 994 453		Various									
Trentham Life Activities Club - Di 5424 8586 / Rosalie 5424 1390		Various									
<b>CHURCH SERVICES</b>											
St Andrews Uniting - Jenny Hayes 5422 1334 / 0428 215 291		Camp & Market	9.30am	•							
		Hostel & Aged Care	2pm								
St Georges Anglican Worship - Rev Melissa Clark 0411 722 718		High Street	9am	•							
St Mary Magdalen Parish Sunday Mass - 5422 1261		Bridge Street	8.30am	•							
St Mulachy's Sunday Mass - 5422 1261		Bryes Rd, Blackwood	4pm	•							
<b>SPORT &amp; RECREATION</b>											
Life Activities Club - Ladies' Petanque		Town square	10am			•					
Life Activities Club - Men's Petanque		Town square	10am					•			
Peace Meditation - Henk 5424 1702		TNC	8.30am - 9.30am		•						
Trentham Adult Riding Club - Renata 0412 466 630		Newbury Reserve	Various								
Trentham Bowling Club Pennant - Pat 0429 008 486		Bowling Club	Various			•				•	
Trentham Cricket Club - Rd 12 v Malmsbury - John 0438 208 898		Sportsground	1.30pm							•	
Trentham Table Tennis - Chris Roe 0439 350 110		Mechanics Hall	7pm								
Trentham Line Dancing - Mez 0403 007 761 / TNC 5424 1354		Mechanics Hall	6.30pm - 8pm			•					
<b>YOUTH / CHILDREN</b>											
Mums and Bubs Group - TNC 5424 1354		TNC	10.30am								
Children's Story Time - Library 5424 1326		Trentham Library	10am					•			
Rhyme Time - Library 5424 1326		Trentham Library	10.30am						•		
Trentham Playgroup - fruit to share - Kate Mooney 0428 421 876		Mechanics Hall	10.30 - 12noon			•					
Youth Group (except school holidays) - Kelly 5424 1354		TNC	4pm - 6pm		•						



[illegible]

## Sports

**REGISTRATION NIGHT**

**Thursday 5<sup>th</sup> March  
from 5:00pm**

Meet the Coaches

Free BBQ

FREE Junior Registration Packs valued  
over \$100!

**TRENTHAM CUP**

**March 28<sup>th</sup>**

**Trentham Sports Ground**

Trentham Saints – Carngham Linton  
Saints – Lancefield Tigers

Finer details to be finalised  
Keep posted on our FB page and Club Website

**LEITH DICKER CUP**

**Saturday 4<sup>th</sup> April  
Trentham Sports Ground  
Trentham v Woodend**

**SAINTS SEASON  
DRAW**

**16/4/20 - 27/8/20**

Chance to **Win \$500** per week  
(and every week over 20 weeks)

50 numbers available

Drawn weekly on Thursday training nights

**Cost is only \$400 per number**

Every entrant paid in full before first draw  
receives a 'Free' Club membership  
(valued at \$150)

Contact

**Sam Whitehouse 0438 686 794**  
or any Committee member to secure your  
draw number!!!

Winners posted on Trentham Saints FB page



Lecture Series 2020

**Resilience  
of the Wombat Forest  
to changes in climate**

Changes in climate are affecting forest  
ecosystems worldwide. Research shows that  
trees in the Wombat Forest are generally very  
resilient to seasonal changes in climate.  
Join us to hear the latest.



**Prof Stefan Arndt**

School of Ecosystem  
and Forest Sciences  
The University of Melbourne

**Saturday 21<sup>st</sup> March 1.30 - 3.30pm**

**Trentham Neighbourhood Centre  
Cnr. Market & High Street Trentham**

Cost: Gold Coin donation

For information contact: [info@wombatforestcare.org.au](mailto:info@wombatforestcare.org.au)  
**[wombatforestcare.org.au](http://wombatforestcare.org.au)**



*Local Trentham Mum  
and Bub, Emily and Harry  
at Trentham General*



## Gardening

gardening with  
kaz

## A Big Welcome to Garden & Landscape Designer Kaz Krasovskis

Kaz is a Melbourne International Flower & Garden Show award winning designer who brings a wealth of local and international garden and landscape design experience to Trentham. His 15 years in the industry has included a work placement with, ex-skater boy turned anarchic gardener, Fergus Garrett, at Great Dixter in Northiam, East Sussex, England.

Great Dixter was the family home of gardener and gardening writer Christopher Lloyd – it was the focus of his energy and enthusiasm and fuelled over 40 years of books and articles. Now under the stewardship of Fergus Garrett and the Great Dixter Charitable Trust, Great Dixter is an historic, 15th century house and garden.

The garden is an innovative riot of colours and plantings juxtaposed in tradition. It is a place of pilgrimage for horticulturists from across the world.

Next stop for Kaz was La Mouissone, the Mediterranean garden of Lady Maggie Lockett, near Grasse, Cote D'Azur, France. La Mouissone is a property with enchanting gardens featuring woodland, open lawns and a huge variety of beautiful Mediterranean plants. The 'Potager' (kitchen garden) at Lady Lockett's may well have provided a wealth of inspiration and advice for the plethora of veggie gardens many of us play with here.

The seasonality of the gardens Kaz has worked on in Europe and the UK parallels to some extent the seasons we enjoy in Trentham. Kaz's own garden at O'Brien's Cottage (well worth the drive by), along with the many Garden's he has worked on convey a sense of the personality of the gardener.

A sensibility he has brought to his landscape designs from a previous career in classical music as an orchestral celloist and cello teacher, a passion he dips into to this day on occasion.

*'You bring your whole self to music and to gardening. The physical aesthetic and passion involved in both resonate as primal human activities. You can run with them forever.'* He told me.

a m



Painting by Gayle Cykner

Come and grab some bargains  
at the  
**END OF SUMMER SALE**  
**SUMMER'S END**  
**NURSERY**

Behind 18 Market Street, Trentham  
20% OFF TREES (exclusive of orders)

**Ph: Yvonne 0401 035 303**



## Trentham Neighborhood Centre



Trentham  
Neighbourhood  
Centre Inc.

*a small centre with a warm welcome*

## MARCH AT TNC

### *Community Bag Project*

## WILDLIFE POUCHES

Join our community Bag project group and help make wildlife pouches for the native animals that have survived our recent bushfires.

No sewing experience necessary!

March meetings to be held on

**Wednesday 11th & 25th at 1.30pm**



### *Workshop*

## LOVE FOOD, HATE WASTE

Do you Love Food, but hate waste? Would you like to learn how to make natural homemade products like pickles or make up? Would you like to know what to do with leftovers?

Come along & join our workshop on:

**Monday March 16th**

**10am–12pm Gold Coin Donation**



### *Service*

## SEWING MACHINE

Same day service at TNC. Bookings essential

**Wed March 18th**

**\$60 (payable on the day)**



### *Day Trip*

## DAY TRIP TO WOODGROOVE

We will take you down to Woodgrove Shopping Centre where you can do some shopping or simply treat yourself to a day at the movies! Bring a friend and have lunch, lots of delicious options available in the food court

**Thurs 26th March 9am \$25**



## FACEBOOK FOR SMALL BUSINESS SIMPLIFIED

**Monday March 23rd 9am-1pm**

Enrol via the link on our website or contact us for assistance.

OFFICE HOURS  
MONDAY -  
THURSDAY  
9.30AM - 4PM  
CLOSED FRIDAY

Tania Sawyer - Manager  
admin@trenthamnc.org.au / 03 5424 1354

Cnr Market & High Streets, Trentham  
PO Box 96, TRENTAHM

[www.trenthamnc.org.au](http://www.trenthamnc.org.au)



Neighbourhood Houses  
The heart of our community

## Lyonville Woodchop

### AXEMAN.... ARE YOU READY?

You could almost feel the presence of legendary axeman Jack O'Toole as the blades were swinging and making rapid kindling of Woollybutt timber at the recent Lyonville woodchop on February 1. Nature and external forces made the day challenging for organisers as intermittent rainfall and a local power outage conspired to give organisers more grey hairs than they started the day with. A thoughtful local supplied a generator, which enabled the events to commence without a hitch.

The event attracts experienced competitors who show their skills in events including chain sawing, crosscut sawing and the women's nail driving event. Holders of Australian and Victorian titles were competing this year as time honoured skills were on display.

Success of such events in a small tight knit community do not occur without significant contributions from many locals. This includes a big shout out to Anne and George Bremner who organise the event every year. Also, to the generosity of the many sponsors that ensures all prize money is covered and the event becomes a fundraiser to assist with the upkeep and improvement of the Lyonville Hall.

The Cafe de Lyonville crew worked flat out all day keeping the crowd caffeinated as well as the BBQ crew, the dishwashers, the bar staff, staff on the gate, the spinning wheel and raffle ticket sellers and to thank you anyone else for your effort on the day. Volunteers ensure that this was a great day. See you next year when the chips are flying.



## Trentham and Districts Life Activities

**As you enter the second half of your life, it is important to keep active and engaged and to broaden your social circle.**

The Trentham and Districts Life Activities Club allows you to do just that, with a varied range of activities.

Walking groups, Ladies and Mens Petanque, a Craft Group, Garden Lovers, Foodies Group, Mahjong, Scrabble, Chinese Exercises/Qijong, Jig Saw Library, Music Lovers and Horse Riding are all available for you to join and enjoy. There is also a monthly 'bring a plate to share' Luncheon held at the Trentham Bowling Club.

The Life Activities Club has members live in Blackwood, Springhill, Kyneton, Woodend, Greendale, Bannockburn, Daylesford, Elphinstone, Fern Hill, Castlemaine, Meredith, East Trentham, Newbury, and Lethbridge, as well as Trentham.

We are clearly a "club for the district."

For more information go to [www.life.org.au](http://www.life.org.au) and click on Trentham in the list of clubs. Alternatively you are welcome to contact the President, Di Clausen on 0425 008 763, or the Secretary, Gaye Lovelock, on 0411 150 114, or [gaye.lovelock@gmail.com](mailto:gaye.lovelock@gmail.com)

**LIFE'S BETTER TOGETHER**





## Councillors Corner

I am writing this mid-February, before the Council meeting. By the time you read this, all decisions made by your Council will be finalised and publicised. There are many matters that will be decided that directly impact on the future of Trentham and the Coliban Ward. It has taken heaps of work to get matters to this stage and it is really important for the community to comment on those matters that are to be publicly available for discussion.

While this it is not possible to go over in great detail in this article due to word limitations, I will present a summary (these are in order of the Council agenda):

1. **The tender will be awarded for the design phase of the Trentham Hub.** The architects will be formally announced. The Project Advisory Group for this project, made up of 7 community people each with great skills and attributes, will be meeting the Architect very soon to map out the way forward.
2. **Awarding of the tender for streetscape upgrades in Trentham** Value of this contract is \$263,000. The works will involve High & Market Streets intersection works, High & Market Streets option for accessible parking spaces, works on Albert Street parking. The contract awarded is higher than the budgeted amount and savings from other infrastructure works will need to be found.
3. **Awarding of tender for construction of Trentham Integrated Childrens facility**  
The cost of this contract is \$566,709. Council budgeted \$560,649 for this project, including \$305,000 state government funding. The additional monies required will be recommended in the 2020/21 budget.
4. **Tabling of the Trentham Recreation Reserve Community Pavilion redevelopment project**  
it is anticipated that the cost of the pavilion redevelopment will be in the vicinity of \$1.6million. Officers will need to investigate the most affordable options but at the same time, ensuring that the pavilion is fit for purpose.
5. **Draft Trentham Recreation Reserve Masterplan**  
This plan has been many years in its development, and I am absolutely delighted that agreement has been reached between Council and the CoM of the Recreation Reserve. At its February meeting, I hope Council approves the release of the Master Plan for public comment.

There are other very important matters to be decided at the February meeting – adopting (or not) a future pathway for the redevelopment of the Hepburn Hub at the Rex. This is a controversial project, it is way over time and it is very obvious that the original budget was badly underdone. Council is conscious of its shortcomings in overseeing management activity, and I have made it an important issue to ensure that in future, if Council decides to continue with the project, that its oversight and governance will be the best we can do.

Another important matter will be adopting (or not) a redrafted Local Law 2 (LL2) which seeks to lay the foundations for community amenity. Even if this is adopted at the February meeting, there will be considerable more policy and guidelines work to be carried out that will underpin LL2.

I appreciate this is a longer than normal Councillor's Corner piece, but I strongly believe it is worthwhile, as the February meeting of the Council is the first for the 2020.

Cr Licia Kokocinski

## Good Friday Appeal



### 2020 Community Challenge

We are once again looking for a whole-town-effort with the upcoming Royal Childrens Hospital Good Friday Appeal on 10<sup>th</sup> April.

Last year the CFA one the inaugural Community Plaque after their combined team managed to collect \$1,475.40 on the day. The whole town total was \$7,135.88

Which group will it be this year? Who can knock the CFA off their perch?

The first thing is to save the date – put it into your diary and calendar now. Next thing is to form some teams of 2 or maybe 3 people to be part of the collection on the day.

This year's Trentham effort will include the March Farmers Market BBQ and Coin Bags, a March Redgum Firewood raffle, and the collection on Good Friday.

Is there something you can do with your group?

The recent 'Tom Curtain Event' showed what Trentham can achieve when all of our groups get behind a project. This is your invitation to support this cause. When one of our families is facing a medical emergency, we want the very best help to be waiting for them at the other end.

**To be involved, simply contact Tim on 0417 006 146**

Proudly coordinated by Trentham Lions Club

## Coming Events



**T**he Great Trentham Spudfest is one of the highlights of our calendar. It's an opportunity to celebrate all the things that are great about our village - the people, the produce, the artisans, the makers, the food, the fun! One of the ways to increase the fun part of the festival is to be a part of the preparation team - "The Spuddies" - by joining the Working Party that does the 'behind-the-scenes' tasks that make the event work. You don't need to be available for hundreds of hours or be a world-expert in your area. We operate on a "many hands make light work" principle - your small contribution can make a big difference to the outcome. People of all ages and levels of experience are welcome. We need skills like Administration, People Co-ordination, Sponsor Liaison, Social Media, Retailer Liaison and so on. This year is our thirteenth -

we're a teenager!!! To deliver our "best ever" festival in celebration of that milestone, we also need more "On-The-Day" Hosts, to run the numerous activities that make the event so much fun.

So, if you'd like to "chip in", please email [spudbuddies@trenthamspudfest.org.au](mailto:spudbuddies@trenthamspudfest.org.au) with your interest and availability or if you have questions -

call "The Big Spud" Helen Mac  
on 0419 930 864.

## TRENTHAM EASTER ART & CRAFT SHOW

**THURSDAY, APRIL 9 - MONDAY, APRIL 13**  
ENTRIES CLOSE MARCH 18

OPENING AND PRESENTATION OF AWARDS:  
**THURSDAY APRIL 9, 7.30PM (ALL WELCOME)**

**TRENTHAM MECHANICS HALL**  
85 HIGH STREET, TRENTHAM

ENQUIRIES  
[info@trenthamartshow.org](mailto:info@trenthamartshow.org)





## Trentham Film Society

### Come and have fun at the movies!

Do you like having fun? Would you like to meet and socialise with other locals on a regular basis? Do you enjoy watching a good movie? If you answered "yes" to these questions, then the Trentham Film Society is the right group for you. The Society meets on the third Saturday night of the month. We are introducing a social membership, which includes drinks and nibbles prior to each film, so you can enjoy chatting with other locals.

The Trentham Film society shows a wide range of high-quality films from around the world in our annual program. Each year we see an Australian film, a documentary, a foreign language film and a classic film. Genre types include crime thriller, drama, historical, political, romantic, comedy and biography.

The Trentham Film Society belongs to the Federation of Victorian Film Societies (FVFS), which is a not-for-profit organization dedicated to promoting film enjoyment and going to the cinema. In Trentham, we are not "high-brow" - some of us are film buffs but you do not have to know a lot about films to join. (Don't worry -

there is no group discussion to analyse each film at the end!)

You do need to take out a membership for a three-month period. The options are:

- **Social Membership** which includes pre-movie drinks and nibbles for \$45, (\$15 per evening).
- **Movie Only Membership** for \$15, (\$5 per evening).

As well as attending screenings, members can borrow DVDs from the our library at no cost.

For questions about membership please contact Anne-Marie Pedeau on 0417 081 611 or at [ampedeau@bigpond.com](mailto:ampedeau@bigpond.com).

Words by Anne-Marie Pedeau  
Co-President Trentham Film Society

**MARCH 21 RIDE LIKE A GIRL**

**APRIL 18 THE GREEN BOOK**

**MAY 16 THE GUILTY**



# Come and have fun!

Meet and socialise with other locals

Enjoy a quality movie

3rd Saturday of the month  
Trentham Neighborhood Centre

**SOCIAL MEMBERSHIP \$45**

• 3 months • Drinks & nibbles plus movie • 7.00pm start

**MOVIE ONLY MEMBERSHIP \$15**

• 3 months • 7.45pm start

Anne Marie Pedeau 0417 081 611 Ruth Little 0408 084 878

## McAuley Retirement Village Now open!

Be quick – only five units remaining!

Call Brent today.  
0408 956 114

[vmch.com.au](http://vmch.com.au)



**VMCH**



## Lyonville

# harvest festival and picnic

Who grows the biggest pumpkin in the Shire? Whose jam has the tastiest tang? Who can create the best Mr Potato Head?

These question and more will be answered at the **Lyonville Harvest Festival and Picnic** which returns for its fourth year on **Sunday 29 March from 11am to 3pm** at the Lyonville Hall, corner of Bremner Ave and Gleeson St, Lyonville.

The competition categories are: supersized vegetable, bountiful basket, flower posy, flower arrangement, jam, jelly or preserve, and kids' novelty from home grown fruit and vegetables; plus the best scarecrow competition, judged by popular vote. Bring your competition entries to the hall between 9.30 - 10.30am.

New this year will be the Talks Tent, where local gardening and produce gurus will share their knowledge. We will also have the Woodend Beekeepers Honey Bubble caravan on site, displaying what happens inside the hive.

The popular Scarecrow making event and competition returns this year. Scarecrow competition entries will need to be pre-made and presented at the Hall by 10.30am. But you can make your own at the event and can take it home afterwards.

If you don't want to bring a picnic, the Café de Lyonville will be there to supply superb coffee and there will be a cake stall selling delicious home-made goodies.

The event is the creation of the local Lyonville Gardening Group, who meet each month to exchange growing tips and commiserate over garden challenges.

We hope you will join us for this fun country event. Entry is by gold coil donation. All proceeds are shared between the Lyonville Hall fund and the local CFA.

Contact Vicki Jackson for further information: [vickicj102@gmail.com](mailto:vickicj102@gmail.com) or phone **0438178150**.

## PROGRAM

### HARVEST COMPETITION

Competition categories: Bountiful basket; flower posy; flower arrangement; supersized veg; preserves; creative kids; pre-made scarecrows

**9.30 - 10.30am**

Bring all entries to hall

**10.30 - 11.30am**

Judging of garden produce categories

**11.30am**

Winners announced

**2.30pm**

Scarecrow competition winner announced

**3pm**

Collect entries

### TALKS TENT

(speakers and timing to be confirmed closer to event)

**12noon**

Garden Expertise with Jurgen Paar

**12.30pm**

Make your own Biochar with (speaker to be confirmed)

**2pm**

How to make fine fermented foods with Sharon Flynn

### ALL DAY ACTIVITIES

**Honey Bubble Caravan** see busy bees in the hive making honey

**Scarecrowmaking** if you didn't have time to make a scarecrow for the competition on, build one at the event!

**Apple bobbing** test your skills to snaffle an apple.

**Refreshments** Café de Lyonville coffee plus tea, cakes and light lunches available

Bring a picnic or buy something at the event.

The Lyonville Harvest Festival is organised by the local gardening group. All proceeds are split between the Hall fund and the Lyonville CFA.

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KAZ KRASOVSKIS

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let's talk about ...

# sustainability

*Sustainability* [ecology]

*is a principle according to which no more can be consumed, than can respectively be regrown, regenerated, and provided again in the future.*

*Translated from: Duden German Dictionary*

Sustainability. What does it mean? You may have heard the 'Handy Tips' sort of advice - reduce waste, reuse, recycle repair, use efficient technologies, use less in general, ditch plastic, buy local, create less waste in the first place, walk more, travel less and so on. All absolutely excellent advice, even if some of it is difficult to actually do for a lot of people - for instance, if you're just getting by, you're unlikely to have the upfront cash to buy solar panels to reduce your carbon footprint, or to buy steel clothespins and glass storage containers in lieu of the cheaper plastic versions, or the garden friendly cleaning products instead of the toxic but cheap stuff, or free range and grass fed meats, and, for the majority, an electric car instead of a petrol car is still out of reach. **Being green is expensive - but it shouldn't be.** Issues of justice in access and distribution are but one of the thorny issues involved.

I should say right now, that I'm in no way, shape or form an expert on any of these matters, but like you, I live in a time where like it or not, the sixth extinction is upon us and must be thought about. So let's talk about what sustainability means here, in cool country Trentham. Let's create a wide and inclusive conversation that all sorts of people will engage in, let's hear all the points of view since everyone knows about something that someone else does not. Maybe this community can create something special and good. More special and good than it already is. Maybe some experts will step into the conversation too and help us all think about it.

Like most people, I am interested, concerned, sometimes terrified at the state of the world and the ever more dire warnings from scientists that seem to fall on a largely unconscious first world, and political ears unwilling to take heed. Denial is rife, fending off terrors for some and propping up self-interest for others. Denial is the first hurdle individually, societally, politically, globally. **Denial isn't good enough.**

I worry about what my children and their children will have to deal with as the climate heats up and the consequences escalate. Living sustainably, regardless of the imperative, seems a fine and desirable ambition, and perhaps the dominion of man over nature promulgated by the patriarchy has run its course and just needs to go. And no, I'm not talking about *men* - patriarchs come in all sexes.

Ok, so just what *are* we talking about here when we use the word 'sustainability'? The plethora of personal actions and decision in our daily lives? National and international actions to protect the environment and meet climate targets? Corporate responsibility and accountability to people and the environment? There is, in fact, a universally agreed definition, first appearing in the Brundtland Report (1987, yep, 33 years ago) in reference to sustainable development, and in essence it says we should meet our current needs in ways that do not threaten the ability of future generations to meet their needs. It delineates three pillars of development (economic, social and environmental) and outlines 17 goals for 2030, adopted by the UN in 2015 (<https://www.un.org/sustainabledevelopment/development-agenda/>). It amounts to what is called the **Three Pillars - people, planet, profit.**



What might living in a way that takes care of people, the planet and 'profit' look like in a community, in *our* community?

By now, most of us know that business-as-usual is the suicide route. But how much do we have to change and what do we have to change and how fast? Is it enough to focus on the personal level, to be using reusable bags at the grocery store, taking the train instead of the car, taking short showers and maybe not everyday, divesting from our bank/power company/super fund that supports coal, old-growth logging, fracking and so on? Probably not.

One of the clearest messages from sustainability research is that **we first-worlders have to consume very much less of everything**, every single one of us, from this minute onwards - about 20% of the world's population consumes around 80% of total global resources. That, obviously, cannot continue. Earth Overshoot Day (<https://www.overshootday.org/>), the point in the year where we have taken more from nature than can be renewed in the whole year, has crept steadily forwards on the calendar - in 1970 it fell on 29th December; last year it fell on 29th July. Or, you could think about per capita resource consumption per year - to be truly sustainable, it would need to be no more than 8 tons per individual, which seems like an enormous amount, until you understand that at present the average first-worlder consumes somewhere between 30-40 tons (You can work out your own consumption here: <https://www.ressourcen-rechner.de/?lang=en>).

Seriously reduced consumption is a problem for an eternal-growth based economic structure unwilling to promote its own demise. A deep change is called for, maybe a truly radical change - but whose responsibility is that? Well, yours. Mine. Everyone's. **The collective weight of individual action is very powerful thing**, not to be dismissed as pointless or useless, especially at the polling booth. Every action - and inaction - counts. Individually we can do all the things we know about as per paragraph one, above. We can get other people to do these things too. We can push our governments to listen to us and get on with it - and we've seen this gather momentum after the fires. People power *counts*.

If you're feeling isolated or helpless in the face of the enormity of the challenge, it can really help to find some company - for instance, you could attend the **informal Community Conversation at 4pm at The Cosmo on 15th March**, advertised in this edition. There are more and more collective action groups appearing - like the sustainable business movement (greenwashing notwithstanding), the recent Extinction Rebellion, Transition Towns, numerous environmental action groups, and many more - when they have enough numbers they will make change happen fast. Put your shoulder to the wheel *somewhere* and push for change - and be encouraged by the research showing that protests that can engage a threshold of 3.5% of the population have never failed to create change. And nonviolent protests are twice as likely to succeed as violent protests - numbers matter, and numbers means you and I need to engage to create change.

But change to what? What does a sustainable community look like? I imagine we all want the same things everybody wants - to be able to live safely, in a decent environmentally appropriate dwelling, to have access to clean, healthy food that doesn't involve agricultural toxins or other forms of bastardry, to have clean air and water, access to education for ourselves and our kids, access to earth friendly technologies, a robust natural world to play in and be nourished by, and a sense of a hopeful future. I want to have enough of these things without it being at the expense of someone else's wellbeing (and for argument's sake, I'll count animals in the 'someone' category) or their opportunities for the same. If a **cultural mindset of 'enough'** could be promoted and rewarded status anxiety would be a thing of the past and greed would not be good.

Let's, just for a moment, imagine we collectively decide to make our town an exemplar for required change. How might that look? The Institute for Sustainable Communities has been investigating what makes a sustainable community work since 1991, and assert that strong communities are the foundation of a peaceful and healthy planet for humanity. The biggest threats to building strong communities, as they see it, are climate change, income inequality, and social injustice. Reading about examples of sustainable communities around the world, I am struck by the things they have in common - lots of green space; slow-speed living with a lot of cycling and walking, shared or mass transit systems, affordable housing systems, alternative and shared power supply & distribution arrangements, promotion of diversity, regular community connections via everything from potlucks to pétanque and sharing, sharing, sharing. A lot of them are intentional communities of like-minded individuals with the means and determination to make it happen, or co-housing arrangements, and many are urban. All of them take a long term view of their decisions and actions. The best have been operating for thirty or more years. None of them have a perfect community, all of them consider themselves to be evolving.

### **How can we make living in Trentham sustainable, practical, affordable, equitable and doable?**

The good news is that there is a fair bit already happening; we have Trentham Sustainability Group, The Food Hub (see their article, this edition), Trentham Landcare, Friends of Trentham Creeks and Reserves, The Quarry Street Reserve volunteers, Trentham Forum, and so on. Wombat Forestcare is hosting Professor Stefan Arndt's talk on the resilience of our local forest at TNC on March 21st (see the notice, this edition) - a golden opportunity to join the conversation by gaining a little education. The more people get involved the stronger these groups become, so one thing you can do is choose one or two and get involved.

Hepburn Shire Council is committed too - they have made a commitment to reducing greenhouse gases, are greening the council itself via it's Towards Zero Emissions Roadmap, has undertaken a number of initiatives in its shire plans such as replacing streetlights with energy efficient LEDS, transitioning to EVs where possible, piloting an anaerobic waste management scheme, exercising leadership in supporting or partnering schemes such as Zero Net Emissions Transition (Z-NET) project, MASH for the solar bulk buy scheme, Hepburn Wind, and others - the full rundown is available on their website at [hepburn.vic.gov.au](http://hepburn.vic.gov.au). Of course, hearing from an actively engaged community keeps council focussed on these sorts of issues, so add your voice, make your suggestions and participate!

Council action does not relieve us of our responsibility for civic engagement however. Leaving it all to council is too slow and not every idea needs to be snagged in the wheels of bureaucracy. I notice that our local groups tend to consist of a small number of committed individuals - if more of us stepped up, more could happen. Your input matters; add your time, or energy, or expertise, or work willingness to one of these groups, or start another one if what you're interested in isn't represented yet. Perhaps some new visions can get up and running - how about a town power grid? Then struggles with power failures would be less of an annoyance and we'd be doing our bit to boot. We could assist the less fortunate amongst while we're at it, a win for equitable access. We could make it a truly community powered power grid. We could strive for a circular local economy; we could get a community waste management system going. We could do something with shared water tanks, communal gardens (see the Autumn Harvest Article, this edition) and food production. In short, it's about pulling together to stop ourselves plunging over the edge and into an unliveable future. Equally importantly, it seems to me to be about creating what amounts to a good life worth living. The question that arises is - **what am I, what are you willing to do? What can we do together?**

KM



## Community conversation

### Ideas for sustainability

It's time! Time to get together for a conversation about ideas ... and action!!

Ideas about how we can help our village work towards becoming stronger and more resilient – now and into the future ... and some fun doing it!

Have the horrific bushfires and floods of Summer left you feeling 'down in the dumps' but overwhelmed as to what you can do to make a difference for the better?

We can give way to despair OR take action.

#### Action brings hope!

Since the local screening of movie '2040' in October last year, several people have contacted me, wanting to follow-up on the inspiring ideas portrayed in this film. There has been an upsurge of interest in 'sustainability'.

We need to reconnect, regenerate and reimagine a new future together. Let's do it!!

Please join like-minded people for "green drinks and conversation" at an informal gathering:



Community Conversation:

**Ideas for a Sustainable Future**

**Sunday 15th March at 4.00 pm**

**The Cosmo dining room (next to wine bar)**

Our ideas will complement and connect with the Z-NET project, aiming to transition our shire to 100% renewable energy and zero-net emissions by 2029, through implementation of the Z-Net Community Action Plan. And there's much more we can do locally!

TSG's vision is: to inspire, inform and support our local community to meet their needs without compromising the needs of future generations.

#### Glenda Holmes

Trentham Sustainability Group

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## Local transport

### Trentham Bus timetable


DAY	DEPART	ARRIVE / DEPART	ARRIVE	COST
Mon to Fri	Daylesford 7.35am	Trentham 7.56am	Woodend 8.20am	\$4.20 / \$2.10
Mon to Fri	Woodend 9.00am	Trentham 9.22am	Daylesford 9.45am	\$4.20 / \$2.10
Mon to Fri	Daylesford 5.25pm	Trentham 5.46pm	Woodend 6.10pm	\$4.20 / \$2.10
Mon to Fri	Woodend 6.25pm	Trentham 6.47pm	Daylesford 7.10pm	\$4.20 / \$2.10
Sourced from <a href="http://www.vline.com.au">www.vline.com.au</a> . Vline departs from Bridgeport Street opposite CFA, Daylesford; Market St outside Trentham Takeaway, Trentham; Woodend Train Station, Woodend				
Mon	Daylesford 9.00am	Trentham 10.00am	Daylesford 10.30am	Gold coin
Mon	Daylesford 1.00pm	Trentham 1.30pm	Daylesford 2.30pm	Gold coin
Wed	Daylesford 9.00am	Trentham 10.00am	Daylesford 10.30am	Gold coin
Wed	Daylesford 1.00pm	Trentham 1.30pm	Daylesford 2.30pm	Gold coin
Community Bus – Times are approximate. Bookings essential. Call Jordon on 1300 443 534 before noon Tuesday. Drop off and pick along route available in most cases. Child seats and hoist available on request.				
Thurs	Trentham 10.30am	Kyneton Sports & Aquatic Centre 10.50am	Trentham 12.30pm	\$5
Departs Hepburn Health Service (HHS), Victoria Street, Trentham. Bookings 5421 7250				
Sat	Daylesford 9.25am	Trentham 9.46am	Woodend 10.10am	\$4.20 / \$2.10
Sat	Woodend 10.45am	Trentham 11.07am	Daylesford 11.30am	\$4.20 / \$2.10
Sat	Daylesford 5.25pm	Trentham 5.46pm	Woodend 6.10pm	\$4.20 / \$2.10
Sat	Woodend 7.05pm	Trentham 7.27pm	Daylesford 7.50pm	\$4.20 / \$2.10
Sun	Daylesford 9.30am	Trentham 9.51am	Woodend 10.15am	\$4.20 / \$2.10
Sun	Woodend 10.45am	Trentham 11.07am	Daylesford 11.30am	\$4.20 / \$2.10
Sourced from <a href="http://www.vline.com.au">www.vline.com.au</a> . Vline departs from Bridgeport Street opposite CFA, Daylesford; Market St outside Trentham Takeaway, Trentham; Woodend Train Station, Woodend				

### Kyneton Bus timetable

DYSONS KYNETON ROUTE 4	MONDAY TO FRIDAY		SATURDAY	
	pm	pm	am	pm
Kyneton Town Centre	12:35	4:58	9:06	2:30
Kyneton Station	12:38	5:01	9:09	2:33
Tylden General Store	12:45	5:08	9:16	2:40
Trentham Milk Bar (Market St)	12:55	5:18	9:26	2:50
Tylden General Store	1:05	5:28	9:36	3:00
Kyneton Station	1:12	5:35	9:43	3:07
Kyneton Town Centre	1:15	5:38	9:46	3:10

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Width x Height	Monthly	Annual	Monthly	Annual
90mm x 55mm	\$25	\$250	\$35	\$350
90mm x 110mm	\$50	\$500	\$75	\$750
190mm x 55mm	\$50	\$500	\$75	\$750
190mm x 130mm (½ pg)	\$120	\$1,200	\$175	\$1,750
190mm x 265mm (A4)	\$240	\$2,400	\$275	\$2,750

### Community Bus timetable

	<b>Trentham-Daylesford Return—Wednesday Weekly</b>
	Trentham 10am pickup from your home Arrival in Daylesford approx 11am Daylesford 1pm departure to Trentham Gold coin donation Please book at least one day in advance Bookings: Ian Bailey 0405 826 977

### Free Bus timetable

<b>FREE BUS</b> <b>Trentham to Stockland Wendouree</b> <b>3rd Monday monthly</b>	
8.45am	Daylesford – Bridport St Vline Bus Stop
8.50am	Musk Vline Bus Stop
8.53am	Bullarto Vline Bus Stop
8.57am	Lyonville corner of High and Gleeson Sts
9am	Trentham corner of High St and Cosmo Rd

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**935 Pearsons Rd TRENTHAM****\$1,250,000****FOR SALE****A LOCAL LANDMARK - BEATTIE'S FARM**

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